

COVID-19 information and resources for pediatricians

Information on the COVID-19 pandemic is changing quickly. While your local public health authority and children's hospital will be among your primary sources of information, the Canadian Paediatric Society also has a number of resources to help you manage this rapidly evolving situation.

We will update this page as new resources are developed. E-mail feedback to info@cps.ca

Clinical guidance

- [Current epidemiology and guidance for COVID-19 caused by SARS-CoV-2 virus in children \(March 2020\)](#): Practice point from the Canadian Paediatric Society Infectious Diseases and Immunization Committee
- [Can NSAIDs be used in children when COVID-19 is suspected?](#) (March 2020): Canadian Paediatric Society, Drug Therapy and Hazardous Substances Committee
- [Chloroquine and COVID-19 in children](#) (March 2020): Dr. Michael J. Rieder, Canadian Paediatric Society Drug Therapy and Hazardous Substances Committee
- [Paediatric asthma and COVID-19](#) (April 2020): Elissa Abrams, Geert 't Jong, Connie Yang, Allergy Section, Canadian Paediatric Society
- [What health professionals need to know: Info on transmission, epidemiology, transmission, and treatment from Public Health Agency of Canada](#)

Clinical guidance: Neonatal care

- [Delivery room considerations for infants born to mothers with suspected or proven COVID-19](#) (April 2020): Dr. Michael Narvey, Chair, Fetus and Newborn Committee, Canadian Paediatric Society
- [NICU care for infants born to mothers with suspected or proven COVID-19](#) (April 2020): Dr. Michael Narvey, Chair, Fetus and Newborn Committee, Canadian Paediatric Society
- [Breastfeeding when mothers have suspected or proven COVID-19](#) (April 2020): Dr. Michael Narvey, Chair, Fetus and Newborn Committee, Canadian Paediatric Society

Practicing paediatrics during a pandemic

- [Providing virtual care during a pandemic: A guide to telemedicine in the paediatric office: Dr Raphael Sharon](#) (March 2020)
- [Infection prevention and control in paediatric office settings](#) (Nov 2018): Position statement from the Canadian Paediatric Society Infectious Diseases and Immunization Committee

Information about COVID-19 for families

- [The Novel Coronavirus \(COVID-19\)](#): Canadian Paediatric Society's Caring for Kids website
- [Hand sanitizers: Promoting safe use by children](#): Dr. 't Jong, Chair, Drug Therapy and Hazardous Substances Committee; Dr. Le Saux, Chair, Infectious Diseases and Immunization Committee; Dr. Rieder, past chair, Drug Therapy and Hazardous Substances Committee.
- [COVID-19 Health Literacy Project](#): Information in 30+ languages to help all patients know when, and how, to seek care. Created in collaboration with Harvard Health Publishing.

Positive parenting during a pandemic

- [How can we talk to kids about COVID-19? Be "realistically reassuring"](#): Dr. Robin Williams, Chair, Early Years Task Force
- [Parenting during COVID-19: A new frontier](#): Dr. Kassia Johnson advises parents to "take a breath"
- [Talking to children about stressful public events](#): Canadian Paediatric Society's Caring for Kids website
- Talking to kids about COVID-19: [Three short videos](#) with paediatrician Dr Andrea Feller of Niagara Region Public Health

Resources for adolescents and their parents

- [COVID-19 and substance use: Critical messages for youth and families](#): Dr. Nicholas Chadi and Dr. Richard Bélanger, adolescent medicine specialists, discuss vaping, smoking, and cannabis use
- [Tips and tricks to help adolescents cope during the COVID-19 pandemic](#): Adolescent medicine team of CHU Ste-Justine, Montreal, Quebec
- [Anxiety in teens](#): Anxiety Canada
- [Mindfulness for Teens](#): Dr Dzung Vo, adolescent medicine specialist at BC Children's Hospital

Promoting mental health for children and youth

- [How to help youth tackle the blues during COVID-19 and #physicaldistancing](#): Erin Romanchych, clinical psychologist; Dr. Daphne Korczak, Chair, Mental Health Task Force.

- [Supporting youth with anxiety disorders during the COVID-19 pandemic](#): Dr. Nicola Keyhan, child and adolescent psychiatrist, Hospital for Sick Children
- [How to support student mental health during the pandemic](#): School Mental Health Ontario
- [Mental health and the COVID-19 pandemic](#): CAMH

Children with special health needs

- [When your child has ADHD: Coping during a pandemic](#): Dr. Daniel Gorman, Hospital for Sick Children
- [Children with immune suppression](#): BC Centre for Disease Control
- [COVID-19: Information for parents of immunocompromised children and children with chronic medical conditions](#): Hospital for Sick Children, Toronto
- [Type 1 diabetes and coronavirus](#): JDRF Canada
- [Coronavirus and asthma](#): Asthma Canada
- [Pain management apps and online resources](#): Solutions for Kids in Pain (SKIP)

Advocacy

- Letter to federal ministers with recommendations to help protect [children and youth during the COVID-19 pandemic](#) (March 20, 2020)
- Letter to federal on the potential for [COVID-19 to disproportionately impact Indigenous communities](#) (March 18, 2020)