



CANADIAN CARDIOVASCULAR SOCIETY ACADEMY

2013–2014
ANNUAL REPORT



Canadian
Cardiovascular
Society Academy

Académie de la
Société canadienne
de cardiologie

CCSA BOARD MEMBERS

Dr. Robert Sheldon,
President

Dr. Bibiana Cujec,
Past President

Dr. Victor Huckell,
Secretary/Treasurer

Dr. Michael Froeschl,
Member

Dr. Gabor Gyenes,
Member

Mr. Edmund King,
Member

Dr. Blair O'Neill,
Member

Dr. Brian Potter,
Trainee Representative

Dr. Heather Ross,
Member

Dr. Christopher Simpson,
Member

Dr. Mario Talajic,
Member

Canadian Cardiovascular
Society Academy
222 Queen Street, Suite 1403
Ottawa, Ontario K1P 5V9
Toll Free: 877-569-3407 ext. 402
www.ccs.ca ccsa@ccs.ca

ABOUT THE CCSA

The Canadian Cardiovascular Society Academy is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

CCSA PROGRAMS DELIVERED IN 2013–2014

Cardiac Surgery Trainee Review Program

Adult Cardiology Trainee Review Program

Pediatric Cardiology Trainee Review Program

Annual Cardiovascular Trainee Day at CCC

Have a Heart Bursary Program

Free Canadian Journal of Cardiology Subscriptions

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

TABLE OF CONTENTS

Trainee Review Programs.....	2
The <i>Have a Heart</i> Bursary Program.....	3
Annual Cardiovascular Trainee Day.....	4
Thank you to our 2013–2014 Donors.....	5
Financial Statement.....	6

MESSAGE FROM THE PRESIDENT



Greetings! We are now in full swing at the Canadian Cardiovascular Society Academy (CCSA), aiming to provide the best programs in the most efficient manner, while focusing on the goals of the CCSA. For the past several years, CCSA programs have targeted trainees, who will play a major role in reshaping cardiovascular care in the 21st century.

The CCSA focuses on four major programs:

- **The Have a Heart Bursary Program.** This bursary program is designed to introduce promising young Canadian medical students, post-graduate trainees and basic scientists-in-training to the cardiovascular sciences (clinical and basic sciences) to encourage a strong Canadian cardiovascular community in the future.
- **The Trainee Review Programs.** Our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery attend these programs to be better prepared for the critical milestone of writing the Royal College of Physicians and Surgeons of Canada (RCPSC) exam.
- **The Annual Cardiovascular Trainee Day at the Canadian Cardiovascular Congress (CCC).** Trainees of all disciplines find Trainee Day to be a great venue for networking and taking part in practical and hands-on workshops.
- **The Canadian Journal of Cardiology (CJC) Subscriptions.** Each year, the CCSA provides several hundred CJC subscriptions to all trainees.

There is much more we could do, but programs cost money. To ensure that we are providing the best possible programs at the lowest cost, the CCSA has developed a strategy that will focus on both value and cost.

We have a four-pronged strategy.

- **Increase the CCSA's Income.** We slightly altered the direction of our investment portfolio to increase our stream of predictable dividend and interest income, and this is already proving effective. Led by our trainees and Dr. Vic Huckell, we are working to increase our philanthropic income.
- **Improve the clarity of our financial reporting to members.** Once we complete our fiscal year and share our financial reports, members will be able to tell at a glance how much income we

produce, how much our investment portfolio increases or decreases, how much we spend, and how much of our income is spent on our key programs.

- **Work to restrain CCSA Expenditures.** We are now reviewing of our programs to assess their value to trainees. Are the programs still achieving their trainee-oriented goals? Which programs should be our top priorities? Are these programs still necessary when compared to upcoming needs?
- **Work with the Canadian Cardiovascular Society (CCS) to seek new priorities for fundraising.** The purpose of the CCSA is broader than our current trainee focus, and includes a wide range of knowledge creation and translation. We are looking forward to the creation of the new CCS Strategic Plan, and identifying with the CCS new areas we can help the great Canadian cardiovascular enterprise.

Finally, our core support comes from the generous donations of Canadian cardiovascular physicians and scientists. The programs could not exist without this support. However, most of the support for the CCSA originates from the same passionately committed and generous members. For this reason, I challenge all of us in the CCSA community is to reach out to a friend who may not know of our great work, and invite them to join us and be part of the solution.

If all of us donated each year simply the value of reading an echocardiogram, perfusion scan, or ten ECGs, or of performing a diagnostic angiogram, or electrophysiologic study, the CCSA and our trainees would be on very solid ground, and be able to undertake the kinds of programs important to us all, and the future health of our patients.

I would like to finish by thanking the CCSA Board members, the CCSA member volunteers who run our programs, the wonderful CCSA staff and you, our donors for your continued support.

Regards,

A handwritten signature in black ink, appearing to read "R. Sheldon". The signature is written in a cursive, somewhat stylized font.

Robert Sheldon, MD
President



TRAINEE REVIEW PROGRAMS

The CCS/CCSA Trainee Review Programs (TRPs) were established in 2006 after CCS trainees identified the Royal College of Physicians and Surgeons of Canada (RCPSC) fellowship examination preparation as a critical milestone in the transition from school to work. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

Since 2006, the CCSA has prepared over 500 residents with their RCPSC Exam.

2014 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The seventh Cardiac Surgery Trainee Review Program was held March 21 and 22, 2014 in Montreal. There were 15 cardiac surgery residents in attendance, of which ten were scheduled to write the exam at the end of April. The program was also opened to fifth year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees:

2014 Cardiac Surgery TRP Faculty

From Left to Right: Dr. Roy Masters, Dr. Ismail El-Hamamsy, Dr. Hughes Jeanmart, Dr. Frédéric Jacques (Chair), Dr. Mackenzie Quantz, Dr. Anson Cheung and Dr. Vincent Chan

The date and location of the 2015 Cardiac Surgery Trainee Review Program will be announced in December 2014.

2014 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The ninth offering of the Adult Cardiology Trainee Review Program was held April 25 - 27, 2014 in Toronto. There were 60 out of 70 third-year trainees in attendance along with 12 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

2014 Adult Cardiology TRP Faculty

Front row: Drs. Gillian Nesbitt, Nisha D'Mello and Sarah Ramer

Back row: Dr. Chris Johnson, Dr. Mathieu Bernier, Dr. Michael Froeschl (Chair), Dr. Mathieu Walker, Dr. Nicholas Valettas, Dr. Michael Freeman, Dr. Chris Glover, Dr. Donald Palisaitis and Dr. Evan Lockwood

The date and location for the 2015 Adult Cardiology Trainee Review Program will be announced in December 2014.

2014 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The eighth Pediatric Cardiology Trainee Review Program was held May 2 - 4, 2014 at the Hospital for Sick Children in Toronto. This year, there were eight attendees representing programs from across Canada. The TRP continues to provide a unique, valued program and meets the residents' needs. The most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

2014 Pediatric Cardiology TRP Faculty

From Left to Right: Dr. Chris Johnson, Dr. Mathieu Bernier, Dr. Michael Froeschl (Chair), Dr. Mathieu Walker, Dr. Nicholas Valettas, Dr. Michael Freeman, Dr. Chris Glover, Dr. Donald Palisaitis and Dr. Evan Lockwood

The date and location of the 2015 Pediatric Cardiology Trainee Review Program will be announced in December 2014.



THE HAVE A HEART BURSARY PROGRAM

The *Have a Heart* Bursary Program, now in its thirteenth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports approximately 20 students annually to participate in the Canadian Cardiovascular Congress (CCC).

“As a recipient of the *Have a Heart* Bursary, I had the opportunity to attend CCC 2013, not only attending some informative sessions but also meeting some incredible leaders in the field of cardiology!”

Natasha Aleksova, 2013 *Have a Heart* Bursary Recipient

Congratulations to the 2013 *Have a Heart* Bursary Program Recipients:

Natasha Aleksova (Toronto, ON)
Katherine Allan (Toronto, ON)
Shahrukh Bakar (Kingston, ON)
Laura Banks (Toronto, ON)
Samir Basmaji (Montréal, QC)
Kevin Boczar (Ottawa, ON)
Craig Ferguson (Edmonton, AB)
Sumeet Gandhi (Toronto, ON)
Pishoy Gouda (Leduc, AB)
Devin Hasanally (Winnipeg, MB)
Scott Kehler (Winnipeg, MB)
Katie Losenno (London, ON)
Robert Miller (Calgary, AB)
Andrew Moeller (Halifax, NS)
Alison Muller (Winnipeg, MB)
Malia Murphy (Kingston, ON)
Luke Richardson (Wolfville, NS)
Kiran Sidhu (Vancouver, BC)
Yan Xu (Kingston, ON)
Payam Yazdan-Ashoori (Hamilton, ON)



ANNUAL CANADIAN CARDIOVASCULAR TRAINEE DAY

The Annual Canadian Cardiovascular Trainee Day is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

Over 200 trainees attended the 2013 Trainee Day in Montreal.

The Trainee Day program is consistently a double-edged sword that encompasses both academic and professional opportunities. This multi-faceted, interdisciplinary event focuses on both cutting-edge educational content as well as career development for clinical and scientific cardiovascular trainees.

“As a PhD student in translational cardiovascular research, I work with individuals on both sides of the spectrum and Trainee Day has been an incredibly valuable learning and networking experience.”

Sonya Hui – 2013 Trainee Day Co-Chair

2013 TRAINEE DAY PLANNING COMMITTEE MEMBERS

Sanjog Kalra, co-chair

Sonya K. Hui, co-chair

Preeti Anand

Debraj Das

Douglas Hayami

Leila Laroussi

Judy Luu

Kristin Lyons

Anton Mihic

Dimitrios Tsirigotis



THANK YOU TO OUR 2013–2014 DONORS

Our valued CCSA programs would not be possible without the contributions of individuals and organizations. A special thank you to the following donors for their support between April 1, 2013 and March 31, 2014:

Visionary (\$5,000 and up)

Victor Huckell
Nisar Huq
Charles Kerr
Heather Ross

President's Circle (\$1,000 – \$4,999)

Rob Beanlands
Margaret Blackwell
Bibiana Cujec
Ross Davies
Vladimir Dzavik
Derek Exner
Anne Gillis
Milan Gupta
Simon Jackson
Catherine Kells
William Kostuk
Howard Leong-Poi
Dakshina Murthy
Blair O'Neill
Simon Robinson
Barry Rose
Robert Sheldon
Samuel Siu
D. George Wyse
Shelley Zieroth
Rodney Zimmermann

Benefactors (\$500 – \$999)

Ronald Bourgeois
Michael Freeman
Michelle Graham
Lyall Higginson
Jonathan Howlett
Evan Lockwood
Peter McLaughlin
Malcolm Silver
Stuart Smith
Mario Talajic
Anthony Tang
Mustafa Toma
Alan White
Wladyslaw Wojcik

Friends (up to \$499)

Hoshiar Abdollah
James Abel
Beth Abramson
Harry Abramson
Naheed Ali
Abdulwahab Al-Khalifa
Nanette Alvarez
Gregor Andelfinger
Todd Anderson
Kim Anderson
Mariano Badra
Michael Baird
Arsène Basmadjian
Harald Becher
Marie-Jeanne Bertrand
John Boone
Michael Bourke
Neil Brass
Myriam Brassard
Robert Brown
Julia Cadrin-Tourigny
John Cairns
Lucille Carling-Chambers
Jean-Christophe
Carvalho
Tiscar Cavalle-Garrido
Renzo Cecere
Kwan-Leung Chan
Mark Chandy
Tomas Cieza
Brian Clarke
Eric Alan Cohen
Ruth Collins-Nakai
Kim Connelly
Paolo Costi
Jean-Marc Côté
Dominic Cowvey
Richard Crowell
Dushyant Desai
Marie Deslisle
Jean Diodati
Paul Dorian
Eugene Downar
Stephen Drinkwater
Anique Ducharme
Anne Ferguson
Maria Florian

Anne Fournier
Ronald Fowlis
Eric Fretz
Michael Froeschl
Aldo Furlani
François Gagnon
George Garbe
Vernon Gebhardt
Nicholas
Giacomantonio
Osman Gialloreto
Nadia Giannetti
François Gobeil
Elaine Gordon
John Graham
Anthony Graham
James Graham
Jamie Graham
Christopher Gray
Paul Greenwood
Ramsay Gunton
Gabor Gyenes
Louise Harris
Richard Harvey
M. Sherif Hashem
Douglas Hayami
Christel Hellmann
Paul Hendry
George Honos
Richard Hooper
David Horne
Jaroslav Hubacek
Dennis Humen
John Imrie
Debra Isaac
George Jablonsky
Frédéric Jacques
Alexandra Jevremovic
Jacqueline Joza
Sherief Kamel
Zamaneh Kassiri
Grigorios Katsouras
Terence Kavanagh
David Kazhila
Sayra Khandekar
Bakhtiar Kidwai
Teresa Kieser
David Kinloch
Gerald Klassen
Merril Knudtson

Ganraj Kumar
Vikas Kuriachan
Zaheer Lakhani
Harry Lapierre
Eric Larose
Leila Laroussi
Charles Lazzam
Yves Le Gal
Richard Leather
Yves Leclerc
Jonathon Leipsic
Robert Lesoway
Norm Linsky
Hung Ly
Ian MacDonald
Sheldon Magder
Bhavanesh Makanjee
Rizwan Manji
Pooran
Manmohansingh
Samer Mansour
Dante Manyari
Brian McCrindle
Michael McDonald
Maurice McGregor
Catherine McLellan
Colin McMillan
Steven Meyer
Robert Miller
L Brent Mitchell
Henry Mizgala
François-Pierre
Mongeon
John Mullen
Pablo Nery
Gary Newton
Gustavo Nogareda
Paul Novak
Edward O'Brien
Erwin Oechslin
Eileen O'Meara
Maral Ouzounian
Pierre Pagé
Donald Palisaitis
Marc Paquet
Linda Parasiuk
Thomas Parker
Ian Paterson
Stephen Pearce
Colin Pearce

Glen Pearson
Michel Pellerin
Vivian Petropoulos
François Philippon
Philippe Pibarot
J Geoffrey Pickering
Paul Poirier
Paul Timothy Pollak
Brian Potter
Brendan Quinn
Miroslaw Rajda
Sherryn Rambihar
Sarah Ramer
Mandana Rasti
Leon Rioux
Valerie Rodgers
John Rothschild
Jacques Rouleau
Omid Salehian
John Sapp
Zion Sasson
Erick Schampaert
Hugh Scully
Lisa Semeniuk
Suryakant Shah
Iryna Shovkivska
Dominique Shum-Tim
Jitendra Singh
Allan Skanes
Hugh Smith
Bert Starke
Christian Steinberg
Laurence Sterns
James Stone
Neville Suskin
Bruce Sussex
Erik Suuronen
Elizabeth Swiggum
Jonathan Tang
Dylan Taylor
Christina Templeton
Koon Kang Teo
Robert Teskey
Nicolas Thibodeau-Jarry
Mouhieddin Traboulsi
Michael Turabian
Wayne Tymchak
Michael Tyrrell
Benjamin Tyrrell
Jacob Udell

Mathieu Walker
Edward Walsh
James Warnica
Andrew Warren
Eva Welisch
Robert Welsh
Michel White
Randall Williams
Stephen Wilton
Andrew Wong
Ken Woo

Community Donors

AstraZeneca
Canada Inc.
Community Foundation
Of Ottawa
Intertask Conferences Ltd.
Knights Of Columbus
#4957
Medtronic Of
Canada Ltd
Servier Canada Inc.
St. Jude Medical
Canada, Inc.
The Muttart Foundation

Another special
thank you to
over 100 CCS
Members who
have collectively
donated more
than 800 hours
towards the
planning and
delivery of
programs for
our future
cardiovascular
professionals.

HELPING TO KEEP TRAINEE KNOWLEDGE CURRENT

The CCSA is proud to offer trainees in a cardiovascular program or research with a free subscription to the *Canadian Journal of Cardiology*.



FINANCIAL STATEMENTS

April 1, 2013 – March 31, 2014

Summary of Operations

Revenue	
Donation from members	\$ 93,142
Investment	165,997
Bank interest	353
Interest on promissory note	9,071
Contribution	10,000
Donation from others	30,000
Total Revenue	\$ 308,563
Expenses	
Administration	99,284
Trainee Initiatives	60,648
<i>Have a Heart</i> Bursary Program	34,564
Adult Trainee Review Program	20,056
Pediatric Trainee Review Program	2,714
Cardiac Surgery Trainee Program	10,102
CJC Subscription fees	34,564
Total Expenses	\$ 261,932
Unrealized gains (losses) on held-for-trading financial investments	19,826
Excess (deficiency) of revenue over expenses	\$ 66,457

Summary of Financial Position

Assets	
Current Assets	\$ 143,756
Investments	\$ 1,723,756
Promissory Note, receivable from CCS	\$ 206,695
Total Assets	\$ 2,074,207
Liabilities	
Current Liabilities	\$ 36,452
Net Assets	\$ 2,037,755
Total Liabilities and Net Assets	\$ 2,074,207

Complete financial statements and the auditor's report for the fiscal year of April 1st, 2013 to March 31st, 2014 are available to CCSA members upon request.