# Canadian Cardiovascular Society Academy 2009-2010 Annual Report



Thank You!

I have proudly served on the CCSA Board of Directors for several years and my term as President is ending this October. It has been a very rewarding position and I wish to take this opportunity to thank all members who have contributed time and dollars to the mission of the CCSA.

The CCSA continues to believe that supporting our trainees is instrumental to ensuring a strong cardiovascular sector in the future. Several years ago, the Academy chose to centre its attention on providing support to students, prospective cardiovascular specialists and scientists-in-training, and developed programs to engage trainees, promising young students and researchers pursuing careers in the cardiovascular field.

As I reflect back on our accomplishments, here are some facts that I am so very proud of!

#### We have funded more than 100 Have A Heart Bursaries

This program introduces promising young minds to the field of cardiology by supporting their participation at CCC. We are able to keep in touch with past bursary recipients who are current members of the CCS. We have been pleased to see many of the bursary winners appearing on the list of first-year residents in either adult cardiology, pediatric cardiology or cardiac surgery programs across Canada. It is also encouraging to see some of our future scientists and researchers, who are previous bursary winners, present abstracts at the CCC. This year has been particularly rewarding because we are now seeing some of our very first bursary winners starting their practices in cardiology or cardiac surgery — some of whom are helping to bring the program full circle by donating their time to become involved, and deliver CCSA programs.

**Annual Cardiovascular Trainee Day** is now in its 9<sup>th</sup> year where more than 200 trainees attend annually and continues to be a highlight at CCC.

Our **Trainee Review Programs** in Adult and Pediatric Cardiology and Cardiac Surgery has helped over 350 trainees prepare for their certification exam. Every year, we receive exceptional feedback on the quality of the training provided by the dedicated faculty who administer the TRPs – all of whom graciously donate their time and leadership to develop and implement the highly successful sessions.

Our **donations have increased 985**% from \$6,089 in 2004 to just under \$60.000 in 2010.

The number of CCS members who donated to the CCSA annually has risen steadily from 43 in 2004 to 159 in 2010. This still represents only 12 % of the membership! — Help us increase that number even more — make a donation - any amount counts!

Although the CCSA's impact has been significant for the future of cardiovascular community in Canada, there is still more that the Academy can do. Trainees are asking for more programs, and the proposals that have been submitted are currently under review by the CCSA. However to be able to offer these programs, we need to build a greater individual donor support and focus on fundraising efforts on developing a broader range of opportunities that will generate increased and sustained revenue for the Academy – this has been a priority area this past year.

We firmly believe that increased member support will be crucial to the long-term success of the Academy and its programs.

I wish to thank personally everyone who has contributed to the CCSA's success over the years.

Sincerely,

Anne M. Gillis MD, FRCPC

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President

## **About the CCSA**

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society (CCS).

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the completion of their fifth year of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.



## Trainee Review Programs (TRPs) a resounding success!

Through the work of the CCS Trainee Committee, CCS trainees identified the RCPSC examination preparation as a critical milestone in the transition from "school to work". Hence the Trainee Review Programs were established. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. It places their knowledge and exam writing skills to the test and provides them with an overview of all aspects of the exam. In addition, they have the opportunity to network with program faculty and fellow trainees from across Canada.

#### 2010 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The fifth offering of the Adult Cardiology Trainee Review Program was held May 14 to 16, 2010, in Toronto. There were 52 out of 62 third-year trainees in attendance. The program again was an extremely valuable opportunity for third-year Adult Cardiology residents to prepare for the Royal College of Physicians and Surgeons of Canada — Examination in cardiology.

We would like to thank the Adult Cardiology TRP Planning Committee members who provided their time and leadership in developing and running this program:

- Dr. Simon Jackson, Chair
- Dr. Mathieu Bernier
- Dr. James Brown
- Dr. Michael Freeman
- Dr. Michael Froeschl
- Dr. Christopher Johnson
- Dr. Evan Lockwood
- Dr. Sarah Ramer Dr. Stuart Smith
- Dr. Robert Stewart

"Excellent, friendly faculty. Really appreciated their time and commitment to TRP. Thank you for taking the effort to organize and teach us."

2010 TRP Participant

#### 2010 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The third Cardiac Surgery Trainee Review Program was held April 8 to 10, 2010 in Montréal. There were 19 Cardiac Surgery residents in attendance of which 14 are scheduled to write the exam this year. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process.

The CCSA wishes to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada's Cardiac Surgery Trainees:

- Dr. Yoan Lamarche, Chair
- Dr. Anson Cheung
- Dr. Philippe Demers
- Dr. Roy Masters
- Dr. Siamak Mohammadi
- Dr. Pierre Pagé
- Dr. Edward Pascoe
- Dr. Michel Pellerin
- Dr. Mackenzie Quantz



## 2010 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The fourth offering of the Pediatric Cardiology Trainee Review Program was held May 7 to 9, 2010 at the Hospital for Sick Children in Toronto. This year, there were eight attendees representing programs from across Canada.

"The feedback this year was extremely positive. Trainees regard this course as "extremely invaluable" and the words "excellent, very useful, great" are written on numerous evaluations. Through the weekend, the residents expressed the value of this program, and were very appreciative of the faculty and the CCS and CCSA's commitment to it. The TRP meets the needs of the trainees. I believe a less tangible but probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future."

Kenny Wong, Pediatric TRP Chair

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program:

Dr. Kenny Wong, Chair

Dr. Anne Fournier

Dr. Fraser Golding

Dr. Luc Jutras

Dr. Jennifer Russell

Dr. Jeffrey Smallhorn

Dr. Shi-Joon Yoo

## Have a Heart Bursary Program

The 'Have a Heart' Bursary program is a travel bursary program designed to introduce promising young Canadian medical students, post-graduate trainees, and basic scientists in training to the cardiovascular field in Canada. This program supports 15 to 20 students annually to participate at the Canadian Cardiovascular Congress, and introduces them to accomplished members of the cardiovascular community.

Since its inception in 2002, the Have a Heart Bursary Program has funded more than 100 young individuals.

Congratulations to the recipients of the 2010 Have a Heart Bursary Program who will be attending the CCC 2010 in Montréal!

Ratnadeep Basu (Edmonton, AB) Mark Chandy (Vancouver, BC) **Ketul Chaudhary** (Edmonton, AB) Christopher Cheung (Edmonton, AB) Marcel Edwards (Chateauguay, QC) Candi Flynn (Clinton, ON) Céline Giordano (Ottawa, ON) Sonya Hui (Toronto, ON) (Toronto, ON) Sanjog Kalra **Drew Kuraitis** (Ottawa, ON) Brian Li (Toronto, ON) Ana Ludke (Winnipeg, MB) Judy Luu (Calgary, AB) Christian F. Rueda-Clausen (Edmonton, AB) Jeffrey Shrum (Calgary, AB) Irena Szymanska (Ottawa, ON) Sijo Thandapilly (Winnipeg, MB)

Karen Throndson

Jonathan Walker

Hadi Toeg



(Winnipeg, MB)

(Winnipeg, MB)

(Ottawa, ON)

## **Trainee Day**

Trainee Day is a one-day educational program for trainees preceding the Canadian Cardiovascular Congress each year. This year's theme is **Stepping Out of Your Comfort Zone**.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that bridges the gap between transitioning from being trainees to young independent researchers and clinicians.

A special thanks to this year's Planning Committee who put together a stellar program.



Jay Udell, MD (Chair)
Jessica Forcillo, MD
Anmol Kapoor, MD
David Lin, MSc
Colm Murphy, MD
Brian Potter, MD
Stephanie Thorn, MSc

## Thank you to our 2009-2010 CCSA Donors!

(April 1, 2009 - March 31, 2010)



Donations from individuals and organizations make our valued CCSA programs possible.

#### **Corporate Donors**

The Muttart Foundation PendoPharm, a division of PharmaScience Inc. United Way and Alberta Health

#### Visionary (\$5000 and up)

Margaret Blackwell Charles R Kerr

#### President's Circle (\$1000 to \$4900)

Paul W Armstrong Rob SB Beanlands Bibiana Cujec Ross A Davies Vladimir Dzavik Anne M Gillis Robert J Howard William J Kostuk Dakshina R Murthy Shah Nawaz Heather J Ross Anthony Tang D George Wyse

#### **Benefactors (\$500 to \$999)**

Albert W Chan Derek V Exner Neil Fam Michael R Freeman Milan Gupta Mark Henderson Lyall A Higginson Jonathan Howlett William KK Hui Dennis P Humen Simon Douglas Jackson Howard M Leong-Poi Evan E Lockwood Roy G Masters Peter R McLaughlin Blair J O'Neill Bal M Sahay Erick Schampaert Hugh E Scully Robert Sheldon Stuart Smith Mario Talajic Dylan A Taylor

## Support the Academy

The Academy draws its support from donations provided by the Canadian Cardiovascular Society, by the Academy's individual members and by other organizations with an interest in advancing the objectives of the Academy.

There are now two easy ways to support the Academy, donate online or make a gift of securities.

Make the CCSA part of your planned giving! Learn about ways to donate the CCSA at: www.ccs.ca/ccsa.



#### Friends (up to \$499)

Hoshiar Abdollah Beth Abramson Zohair Y Al-Halees Todd J Anderson Jehangir Appoo Michael G Baird Jaroslaw Barwinsky Israel Belenkie Simon Bérubé Peter Bolli **Neil Brass** Myriam Brassard Robert I Brown Kwan-Leung Chan Jonathan B Choy Tomas Cieza Ruth L Collins-Nakai Jean-Marc Côté Andrew M Crean Michel D'Astous Robert W Del Grande Catherine Demers Jean-Pierre Derv Leith RS Dewar Leonidas N Dragatakis Anne Ferguson Keith JC Finnie **Ronald Fowlis** Weinstein Frances

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## **Financial Statement**

For the year ended March 31

#### **STATEMENT OF OPERATIONS**

REVENUE	2010	2009
Donations from members	\$ 58,205	\$ 46,370
Donations from others	11,830	413
Donation from Canadian Cardiovascular Society	42,236	35,000
Donations in marketplace securities	3,018	-
Miscellaneous	1,276	-
Investments	64,046	(74,274)
	308,051	7,509
XPENSES		
Adult Trainee Review Program	39,617	30,402
Office and secretariat fees	38,261	40,136
Trainee initiatives	28,762	25,283
Have a Heart Bursary Program	17,578	22,901
Management fees	15,756	-
Cardiac Surgery Trainee Program	12,079	_
Pediatric Trainee Review Program	7,949	12,349
Meeting costs	4,723	3,203
Printing	4,725 3,875	3,129
Insurance	1,186	1,572
Graphic design Miscellaneous	837	2,542
	- - 054	452
Legal fees	5,251	2,725
Audit fees	4,737	4,035
	180,611	148,729
leficiency of revenue over expenses before unrealized gains (losses) on held-for-trading financial investments		\$ (141 220)
Inrealized gains (losses) on held-for-trading financial investments	127,440	(78,770)
xcess (deficiency) of revenue over expenses	\$ 127,440	<b>\$</b> (219,990)
SUMMARY OF FINANCIAL POSITION:		
SSETS		
Current Assets	\$ 114 401	\$ 207 210
Investments	1 361 922	1 154 900
	\$ 1 476 323	<b>\$</b> 1 362 110
ABILITIES AND NET ASSETS		
Current Liabilities	\$ 3 542	\$ 16 769
Net Assets	1 472 781	1 345 341
	\$ 1 476 323	<b>\$</b> 1 362 110
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Complete financial statements and the auditor's report for the fiscal year April 1, 2009 to March 31, 2010 are available to any CCSA member upon request.

#### **CCSA BOARD MEMBERS**

Anne M. Gillis, President Robert J. Howard, Past President Bibiana Cujec, Secretary/Treasurer Edmond King, Member Peter Guerra, Member Charles R. Kerr, Member Lyall Higginson, Member Blair O'Neill, Member Ross Davies, Member Gilbert Tang, Trainee Representative Anne Ferguson, Ex-Officio