



**CANADIAN
CARDIOVASCULAR
SOCIETY ACADEMY**

2012–2013
ANNUAL REPORT

The CCSA is making an impact in the lives of
our cardiovascular trainees.



Canadian
Cardiovascular
Society Academy

Académie de la
Société canadienne
de cardiologie



ABOUT THE CCSA

The Canadian Cardiovascular Society Academy is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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Canadian Cardiovascular Society Academy

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MESSAGE FROM THE PRESIDENT

I can say with absolute confidence that the CCSA is making an impact in the lives of our cardiovascular trainees.

As I prepare to step down from my role as president of the Canadian Cardiovascular Society Academy (CCSA), a position that I have held proudly for three years, I find myself reflecting on the goals of the Academy. I ask myself whether the CCSA is achieving the goals that we have set out to achieve, and whether we are making a difference for our members, the cardiovascular profession and Canadians.

I can say with absolute confidence that the CCSA is making an impact in the lives of our cardiovascular trainees. I'm proud of our unique programs which contribute to shaping our future cardiovascular workforce and health of Canadians. For example, many past *Have a Heart* Bursary recipients have pursued cardiovascular medicine or research and all participating trainees have found the Trainee Review Programs to be a valuable tool in helping them to prepare for the Royal College exam. The Trainee Day at the Canadian Cardiovascular Congress (CCC) is a popular forum for networking and advanced workshops which address the specific needs of trainees.

Looking forward, the CCSA is eagerly discussing ways to make an even larger impact in coming years. At our board meeting in May 2013, we had a strategic planning session facilitated by past Canadian Cardiovascular Society (CCS) president, Lyall Higginson. We re-affirmed our mission to advance cardiovascular health primarily through education. We will continue to offer our current programs and services that are so highly valued by trainees for the next two years until the CCS completes its strategic planning. Other potential areas of CCSA involvement identified through our member survey include public awareness programs, particularly among high risk populations, grants for fellowship training, cardiovascular innovation symposia and web-based self-assessment programs. A larger impact will only be possible with increased member support. I encourage all CCS/CCSA members to donate just a few dollars to help the CCSA attain its goals and continue to make a meaningful difference to our great profession and to Canadians.

I wish to take this opportunity to thank my colleagues on the CCSA Board, the CCSA volunteers who have graciously donated their time and leadership to run our programs, the wonderful CCSA staff, especially Linda Palmer and you, our donors for your continued support.

Sincerely,



Bibiana Cujec, MD
CCSA President



CCSA BOARD MEMBERS

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President

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Past President

Dr. Robert Sheldon,
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Dr. Heather Ross,
Member

Dr. Christopher Simpson,
Member

Dr. Mario Talajic,
Member

Ms. Anne Ferguson,
Executive Director



TRAINEE REVIEW PROGRAMS

The CCS/CCSA Trainee Review Programs (TRPs) were established in 2006 after CCS trainees identified the Royal College of Physicians and Surgeons of Canada (RCPSC) fellowship examination preparation as a critical milestone in the transition from school to work. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

2013 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The eighth offering of the Adult Cardiology Trainee Review Program was held April 26–28, 2013 in Toronto. There were 60 out of 70 third-year trainees in attendance along with 12 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the Royal College of Physicians and Surgeons of Canada fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

2013 Adult Cardiology TRP Faculty

Dr. Michael Froeschl, Chair
 Dr. Nisha D'Mello
 Dr. Michael Freeman
 Dr. Chris Glover
 Dr. Chris Johnson
 Dr. Evan Lockwood
 Dr. Donald Palisaitis
 Dr. Sarah Ramer
 Dr. Dylan Taylor
 Dr. Nicholas Valletas
 Dr. Mathieu Walker
 Dr. Mathieu Bernier (Absent from photo)

The date and location for the 2014 Adult Cardiology Trainee Review Program are to be confirmed.

2013 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The seventh Pediatric Cardiology Trainee Review Program was held May 3–5, 2013 at the Hospital for Sick Children in Toronto. This year, there were 11 attendees representing programs from Edmonton, Toronto, Ottawa, and Montreal.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

2013 Pediatric Cardiology TRP Faculty

Dr. Kenny Wong, Chair
 Dr. Jennifer Conway
 Dr. Julie Déry
 Dr. Andreea Dragulescu
 Dr. Martin Hosking
 Dr. Lillian Lai
 Dr. Jennifer Russell

The date and location of the 2014 Pediatric Cardiology Trainee Review Program will be announced shortly.

2013 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The seventh Cardiac Surgery Trainee Review Program was held March 22 and 23, 2013 in Montreal. There were 13 cardiac surgery residents in attendance, of which eight were scheduled to write the exam this year. The program was also opened to fifth year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees:

2013 Cardiac Surgery TRP Faculty

Dr. Frédéric Jacques, Chair
 Dr. Vincent Chan
 Dr. Anson Cheung
 Dr. Ismail El-Hamamsy
 Dr. Edward Hickey
 Dr. Hugues Jeanmart
 Dr. Roy Masters
 Dr. Mackenzie Quantz

The date and location of the 2014 Cardiac Surgery Trainee Review Program will be announced shortly.



THE HAVE A HEART BURSARY PROGRAM

The *Have a Heart* Bursary Program, now in its twelfth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports approximately 20 students annually to participate in the Canadian Cardiovascular Congress (CCC).

“The *Have a Heart* Bursary breakfast was a fabulous opportunity to network with the role-models and mentors I hope to emulate in the future. Their inspiring advice helped open my eyes to the enormous growth and potential available in cardiovascular medicine in Canada. I truly am in debt to the CCSA for this remarkable experience and the stepping stones towards a bright future.”

Debraj Das, 2012 *Have a Heart* Bursary Recipient

2012 HAVE A HEART BURSARY RECIPIENTS

Congratulations to the 2012 *Have a Heart* Bursary Program Recipients:

Martin Aguilar (Montréal, QC)

Daniel Anselm (Kingston, ON)

Kyle Arsenault (Dundas, ON)

Romain Capoulade (Québec, QC)

Debraj Das (Edmonton, AB)

Riya Ganguly (Winnipeg, MB)

Nitan Garg (Ottawa, ON)

Marlena Habal (Toronto, ON)

Kim Lachance (Montréal, QC)

Pencilla Lang (London, ON)

Xavier Lieben Louis (Winnipeg, MB)

Hanbin Lin (Saskatoon, SK)

Yingwei Liu (Ottawa, ON)

Anna Meredith (Vancouver, BC)

Prabhakara Nagareddy (New York, NY)

Kieran Quinn (Kingston, ON)

Francisco Ramirez (Ottawa, ON)

Trevor Simard (Ottawa, ON)

Erica Tsang (Vancouver, BC)

Vishal Varshney (Calgary, AB)



ANNUAL CANADIAN CARDIOVASCULAR TRAINEE DAY

“Trainee day, year after year, is an excellent forum for learning – not just because programming is interesting and relevant but because it is the perfect time and place to network with both my colleagues, and the highly accomplished staff who present the sessions every year.”

Sanjog Kalra, 2013 Trainee Day Co-chair

The Annual Canadian Cardiovascular Trainee Day, now in its 12th year is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

A special thanks to this year’s planning committee who put together a stellar program.

2013 TRAINEE DAY PLANNING COMMITTEE MEMBERS

Sanjog Kalra
Sonya K. Hui
Preeti Anand
Debraj Das
Douglas Hayami
Leila Laroussi
Judy Luu
Kristin Lyons
Anton Mihic
Dimitrios Tsirigotis

OUR 2012–2013 DONORS

Donations received
between April 1st, 2012 –
March 31st, 2013

Donations from individuals and organizations
make our valued CCSA programs possible.
Support the Canadian Cardiovascular Society
Academy today! **Thank you!**

Visionary (\$5,000 and up)

Victor Huckell
Nisar Huq
Charles Kerr
Heather J. Ross
Wadea Tarhuni

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Rob Beanlands
Margaret Blackwell
Renzo Cecere
Benjamin Chow
Bibiana Cujec
Ross Davies
Derek Exner
Anne Gillis
Lyall Higginson
Robert Howard
Jonathan Howlett
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Roland Mikhail
Dakshina Murthy
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D. George Wyse
Rodney Zimmermann

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Malcolm Silver
Stuart Smith
Dylan Taylor
Mustafa Toma
Wladyslaw Wojcik

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HELPING TO KEEP TRAINEE KNOWLEDGE CURRENT

The CCSA is proud to offer trainees in a cardiovascular program or research with a free subscription to the *Canadian Journal of Cardiology*.



FINANCIAL STATEMENT

April 1, 2012 – March 31, 2013

Summary of Operations

Revenue		
Donation from members	\$	97,396
Investment		56,322
Bank interest		1,048
Interest on promissory note		9,612
Contribution		10,000
Donation from others		5,654
Registration		6,000
Total Revenue	\$	186,032

Expenses		
Administration		91,728
Trainee Initiatives		44,496
Have a Heart Bursary Program		33,187
Adult Trainee Review Program		22,366
CJC Subscription fees		27,188
Pediatric Trainee Review Program		1,693
Cardiac Surgery Trainee Program		16,629
Total Expenses	\$	237,287
Unrealized gains (losses) on held-for-trading financial investments		62,429
Excess (deficiency) of revenue over expenses	\$	11,174

Summary of Financial Position

Assets		
Current Assets	\$	202,469
Investments	\$	1,566,125
Promissory Note, receivable from CCS	\$	221,829
Total Assets	\$	1,990,423

Liabilities		
Current Liabilities	\$	19,125
Net Assets	\$	1,971,298
Total Liabilities and Net Assets	\$	1,990,423

Complete financial statements and the auditor's report for the fiscal year of April 1st, 2012 to March 31st, 2013 are available to CCSA members upon request.