

# CANADIAN CARDIOVASCULAR SOCIETY ACADEMY

2019 IN REVIEW



Canadian  
Cardiovascular  
Society Academy

Académie de la  
Société canadienne  
de cardiologie



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# ABOUT THE CCSA

The CCSA is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society (CCS).

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

## CCSA PROGRAMS DELIVERED IN 2019:

**Cardiac Surgery TRP**

**Adult Cardiology TRP**

**Pediatric Cardiology TRP**

**Have a Heart Bursary Program**

**Annual Cardiovascular Trainee Program at CCC**

**Trainee Networking Luncheon at CCC**

**Dr. Charles Kerr Award**

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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# MESSAGE FROM THE PRESIDENT



It's truly an honour to step into the role of President of the Canadian Cardiovascular Society Academy, and I would like to sincerely thank my colleague and mentor, Dr. Lyall Higginson for his outstanding leadership during his term.

It is with great pleasure that I share with you the accomplishments of another successful year for the CCSA, made possible by the generous support of our friends and colleagues, who share our common goal of fostering a strong cardiovascular future. As our core support comes from the generous donations of our Canadian cardiovascular physicians and scientists, I'd like to sincerely thank all of our colleagues for making these programs feasible, and challenge us all to continue to model leadership through generosity and supporting those who represent our future.

In 2019, our Academy:

- Awarded the **Have a Heart Bursary** to twelve outstanding young Canadian medical students post-graduate trainees, and scientists in-training in cardiovascular sciences (clinical and basic sciences) to help develop a strong cardiovascular community in the future. These aspiring young individuals were able to attend the Canadian Cardiovascular Congress (CCC), with an opportunity to interact with leaders in the field and strengthen their ambitions and career goals.
- Prepared 94 trainees to write the Royal College examination via our outstanding Review Programs in Adult Cardiology, Pediatric Cardiology, and Cardiac Surgery. These programs not only provide an opportunity to sharpen knowledge and skillsets, but also to allow for networking with faculty and fellows from across the country. It has been a highly valued program, preparing our trainees to enter the next phase of their careers, with a very high success rate.

- Allowed 39 trainees to participate and gain valuable experience on CCS Standing Committees. These initiatives allow knowledge acquisition through committee participation, planning of seminars and also hands-on practical experience through workshops. They are spear headed by the dedicated Trainee Committee members, who are responsible for planning many initiatives including the Trainee Program at the Canadian Cardiovascular Congress, the Annual Networking Luncheon, and various media communication initiatives including the Trainee Section on the CCS Website, and leading social media platforms.
- **Awarded the Dr. Charles Kerr Awards.** An award created in 2017 after the legacy of our late colleague who emulated generosity, compassion, and integrity in all aspects of his life and his career. This was awarded to two outstanding individuals this year who have honoured Dr. Kerr's memory by modeling leadership through these empathic attributes.

And last but not least, my personal goal will always be to advance diversity and equity in all aspects of cardiovascular medicine, and it is truly a privilege to serve as your next President for the Canadian Cardiovascular Society Academy, as we look forward to an extraordinarily positive and progressive year!!

Sincerely,

A handwritten signature in black ink that reads "M. Chahal".

**Mangeet Chahal, MD, FRCPC, FCCS, FACC**  
President, CCSA



# TRAINEE REVIEW PROGRAMS (TRPs)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

“It was great! Would recommend for everyone! Thank you!” — 2019 PC TRP Participant

“I benefited tremendously from the weekend and I found that it was very well run. Thank you for putting together such a useful and informative experience!” — 2019 AC TRP Participant



## 2019 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The 12<sup>th</sup> Cardiac Surgery Trainee Review Program was held February 8-9, 2019 in Montréal. There were 29 cardiac surgery residents in attendance, of which 14 were scheduled to write the exam in 2019. The program was also opened to 5<sup>th</sup> year trainees and provided them with much appreciated exposure to the oral examination process. The 2020 program is scheduled for February 7-8 in Montréal.

The CCS and CCSA wish to extend their thanks to the following faculty members for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees.

### 2019 Cardiac Surgery TRP Faculty

Jessica Forcillo, Chair	Steve Kim
Mitesh Badiwala	Daniel Lodge
Vincent Chan	François-Pierre Mongeon
Anson Cheung	Mackenzie Quantz
Jennifer Chung	Luis Quinonez
Pierre Olivier Dionne	Cristian Rosu

## 2019 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The 14<sup>th</sup> offering of the Adult Cardiology Trainee Review Program was held April 12-14, 2019 in Toronto. There were 57 third-year trainees in attendance along with 17 faculty members. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination. The 2020 program is scheduled for April 24-26 in Toronto and will be chaired by Dr. Sarah Ramer.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

### 2019 Adult Cardiology TRP Faculty

Michael Froeschl, Co-Chair	Evan E. Lockwood
Sarah Ramer, Co-Chair	Hung Ly
Annabelle Chen-Tourmoux	Ciorsti MacIntyre
Nisha Ann D'Mello	Joëlle Morin
Nadine Gauthier	Gillian Nesbitt
Christopher Glover	Matthew Sibbald
Samir Hazra	Mathieu Walker
Malek Kass	Kibar Yared
	Eric Yu

## 2019 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The 13<sup>th</sup> Pediatric Cardiology Trainee Review Program was held April 26-28, 2019 at the Hospital for Sick Children in Toronto. This year, there were seven attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents' needs. One of valued benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology community, supporting the CCS, in the future. The 2020 program is scheduled for May 1-3 in Toronto and will be chaired by Dr. Carolina Escudero.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

### 2019 Pediatric Cardiology TRP Faculty

Kenny K. Wong, Chair	Martin Hosking
Myriam Brassard	Jennifer Russell
Carolina Escudero	Derek T. Wong
Michael Grattan	

# 2019 HAVE A HEART BURSARY

The *Have a Heart* Bursary Program, now in its 19<sup>th</sup> year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the CCC.



“I thoroughly enjoyed the opportunity to attend the CCC through the *Have a Heart* Bursary Award. This experience has been the pinnacle of my research career to date as I was able to forge relationships with potential mentors and colleagues. A great opportunity for any interested young investigator looking to expand their professional and academic network.”

— 2019 *Have a Heart* Bursary Recipient



The CCSA gratefully acknowledges the Cardiac Arrhythmia Network of Canada (CANet) for their support of our future cardiovascular professionals and the 2019 *Have a Heart* Bursary Program.

## Congratulations to the 2019 *Have a Heart* Bursary Program recipients:

Nawal Amhis (Sherbrooke, QC)  
Peter Belesiotis (Hamilton, ON)  
Alvan Buckley (St-John's, NL)  
Maude Cameron-Gagné (Québec, QC)  
Christine Gonsalves (Brampton, ON)  
Nicholas Grubic (Kingston, ON)  
Tisiana Low (Toronto, ON)  
Matthew Martens (Winnipeg, MB)  
Quynh Nguyen (Edmonton, AB)  
Lebei Pi (Richmond, ON)  
Mohammed Rashid (Hamilton, ON)  
Chang (Nancy) Wang (Kingston, ON)



# ANNUAL CANADIAN CARDIOVASCULAR TRAINEE PROGRAM

For 18 years, the Trainee Program at the Canadian Cardiovascular Congress (CCC) has evolved and for the third year is now fully integrated with the CCC programming. Sessions ran continuously throughout the three days of CCC. This format has been well received by trainees. We continue to leverage a number of resources to develop a program that caters to a broad array of trainees. This year's program was supported by dozens of senior CCS members and included interactive workshops, hands-on skills labs, networking opportunities and the popular networking luncheon.



“The Trainee Program at CCC continues to embody the CCS trainee experience. Attendees come from all disciplines and geographies, the topics range from the clinical to the investigative to the personal, and faculty include physicians, scientists, policy-makers, and more. From new sessions featuring point-of-care ultrasound (POCUS) for the trainee, to our classical surgical skills and “meet the journal editor” seminars, the Trainee Program has seen increasing attendance from trainees across the country, and beyond. Programming of this breadth would not be possible without the continued support of the CCS and its staff, the CCSA, the CIHR’s Institute of Circulatory and Respiratory Health (ICRH), CANet, senior CCS members and partners who lead workshops and the committee of dedicated trainees who work year-round to plan this event. Each year continues to foster innovation and diversity, and this year was no less remarkable. We know the future is bright with extraordinary trainees within CCS, and look forward to their continued growth and leadership.”

– Chris Cheung and Claudia Cote, 2019 Trainee Program Co-Chairs

A special thanks to the following members of the Trainee Program planning committee for putting together a stellar program.

## 2019 TRAINEE PROGRAM PLANNING COMMITTEE MEMBERS

Chris Cheung, Co-Chair  
Claudia Cote, Co-Chair  
Najah Adreak  
Chantal Asselin  
Idris Bare  
Laurie-Anne Boivin-Proulx  
Jean Bernard Breau

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Saurabh Gupta  
Kashif Khan

Jessica Luc  
Nima Moghaddam  
Daniel Van Zanten  
Darryl Wan  
Eric Wong  
Kai Yi Wu  
Robert Yao

# 2019 DR. CHARLES KERR AWARD

This award was created in memory of Dr. Charles Kerr who passed away in 2017. Charlie was a past president of the CCS and a generous supporter of the CCSA from its inception.



(from left to right) Dr. Lyall Higginson (CCSA President), Dr. Amine Mazine, Dr. Kathleen Ann MacEachen at the 2019 CCS Award Ceremony

## Congratulations to this year's recipients:

**Dr. Amine Mazine** (Toronto, ON)

**Dr. Kathleen Ann MacEachen**  
(Harrietsfield, NS)

The Kerr Award is given annually to up to three residents that epitomize Charlie's goals for the cardiovascular community and strive to embody his legacy through encouraging and advocating for those in need of assistance or support.

# OUR 2018–2019 DONORS

Donations received between October 1, 2018 and September 30, 2019.

Donations from individuals and organizations make our valued CCSA programs possible. Support the Canadian Cardiovascular Society Academy today. Thank you!

## Visionary (\$5,000 and up)

Mangeet Chahal  
Lyall Higginson  
Victor Huckell  
Nisar Huq  
Catherine Kells  
Heather Ross

## President's Circle (\$1,000 – \$4,999)

Jason Andrade  
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Richard Vandegriend  
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Robert Wald  
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Ann Walling  
James Warnica  
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Kenneth Watson  
Jordan Webber  
Eva Welisch  
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Stephen Wilton  
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Anna Woo  
David Wood  
Andrew Yan

Stephanie Yergeau  
Eric Yu  
Kenneth Yvorchuk  
Alex Zhai

The following institutions made generous donations in aggregate from all of their members.

Thank you to these institutions for their collective support of the CCSA and its trainee initiatives.



Dalhousie University,  
Division of Cardiology



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

University of Ottawa  
Heart Institute,  
Division of Cardiology



The University of Toronto Division of Cardiology, from the following hospitals, St-Michael's, Sunnybrook Health Sciences Centre, University Health Network, and Women's College Hospital.

# THANK YOU

More than 150 CCS Members have collectively donated more than 1000 hours towards the planning and delivery of programs for our future cardiovascular professionals. We wish to underscore member's time and financial contributions to the CCSA in support of trainees.

## 2018–2019 FINANCIALS

March 31, 2019

*(Based on the 2018-2019 Audited Financial Statement)*

### Statement of Operations

Revenue	\$ 259,386
Expenses	\$ 266,115
<b>Deficit</b>	<b>-\$ 6,729</b>

### Statement of Financial Position

<b>Assets</b>	<b>\$2,092,194</b>
Liabilities	\$ 1,254
Net Assets	\$ 2,090,940
<b>Total Liabilities and Net Assets</b>	<b>\$ 2,092,194</b>

Complete financial statements and the auditor's report for the fiscal year of April 1, 2018 to March 31, 2019 are available upon request.