

CANADIAN CARDIOVASCULAR SOCIETY ACADEMY

2018 IN REVIEW



Canadian
Cardiovascular
Society Academy

Académie de la
Société canadienne
de cardiologie



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ABOUT THE CCSA

The CCSA is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society (CCS).

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

CCSA PROGRAMS DELIVERED IN 2018:

Cardiac Surgery TRP

Adult Cardiology TRP

Pediatric Cardiology TRP

Have a Heart Bursary Program

Annual Cardiovascular Trainee Program at CCC

Trainee Networking Luncheon at CCC

Dr. Charles Kerr Award

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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MESSAGE FROM THE PRESIDENT



Dear Donors, volunteers and members...
Thank you!

Thank you for donating. Thank you for giving your time. Thank you for believing in our Academy – we could not be what we are without you!

It gives me great pleasure to share with you the accomplishments in another successful year for the Canadian Cardiovascular Society Academy (CCSA) - made possible by your support and commitment to fostering a strong cardiovascular future.

In 2018, our Academy:

- **granted *Have a Heart* Travel bursaries to 12 promising young Canadian students** to attend the Canadian Cardiovascular Congress (CCC) in Toronto. This program introduces these bright young minds to members of the cardiovascular community, provides them with opportunity to interact with leaders in the field, and to discuss their career aspirations;
- **prepared 94 trainees to write the Royal College exam** – The Royal College exam is a critical milestone for our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery. The program tests knowledge and sharpens examination skills. These review programs provide trainees the opportunity to network with program faculty and fellow trainees from across the country. Our programs have been running annually for over a decade with more than 99% participation from our trainees. They continue to be highly valued and considered by those who participate as “must attend” programs;
- **organized the Annual Cardiovascular Trainee Networking Luncheon at CCC** – More than 200 trainees were in attendance and had the opportunity to network with a number of colleagues, future mentors and collaborators;

- **provided 30 trainees with the opportunity to gain valuable experience** as active participants on CCS Standing Committees. Our trainees were active planning educational events, leading working groups, participating as junior editors of the *Canadian Journal of Cardiology (CJC)* to name a few. All of these opportunities are made possible through the work and dedication of the Trainee Committee who are responsible for planning a number of initiatives such as the Trainee Program at the CCC, the Annual Networking Luncheon, and communication initiatives including the Trainee section on the CCS website and leading social media platforms which has led to increased and more timely communications amongst trainees;
- **awarded three Dr. Charles Kerr Awards.** This award was created in memory of Dr. Charles Kerr who passed away last year. Charlie was a past president of the CCS and generous supporter of the CCSA from its inception;
- **partnered with the Canadian Institutes of Health Research’s Institute of Circulatory and Respiratory Health (CIHR-ICRH) and the Cardiac Arrhythmia Network of Canada (CANet)** to provide support to our future cardiovascular professionals and the *Have a Heart* Bursary Program.

The Board of Directors remains highly engaged. We are proud of our successes; however, we wish to ensure we continue making a strong and valuable impact on trainees’ futures. To that end, the CCSA will be embarking on strategic planning in 2019 to ensure we continue to bring value and to provide the best programs in the most efficient manner.

Thank you for a tremendous year, and for your support of our Academy.

Sincerely,

Lyall Higginson, MD, FRCPC, FCCS
President, CCSA

TRAINEE REVIEW PROGRAMS (TRPs)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

“Very good session, super nice faculty!” — 2018 CS TRP Participants

“Thank you very much for that excellent review. It was really well organized and very useful”— 2018 AC TRP Participants



2018 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The 11th Cardiac Surgery Trainee Review Program was held February 16-17, 2018 in Montréal. There were 25 cardiac surgery residents in attendance, of which 11 were scheduled to write the exam in 2018. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process. The 2019 program is scheduled for February 8-9 in Montréal.

The CCS and CCSA wish to extend their thanks to the following faculty members for their contribution and for providing an outstanding learning opportunity for Canada’s cardiac surgery trainees.

2018 Cardiac Surgery TRP Faculty

Jessica Forcillo, Chair	François-Pierre Mongeon
Mitesh Badiwala	Maral Ouzounian
Vincent Chan	Maude Pagé
Anson Cheung	Mackenzie Quantz
Pierre Olivier Dionne	Luis Quinonez
Daniel Lodge	Cristian Rosu

2018 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The 13th offering of the Adult Cardiology Trainee Review Program was held April 13-15, 2018 in Toronto. There were 60 third-year trainees in attendance along with 16 faculty members. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination. The 2019 Program is scheduled for April 12-14 in Toronto.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

2018 Adult Cardiology TRP Faculty

Michael Froeschl, Chair	Evan E. Lockwood
Mathieu Bernier	Hung Ly
Annabelle Chen-Toumoux	Ciorsti MacIntyre
Nisha Ann D’Mello	Gillian Nesbitt
Nadine Gauthier	Mouhamed Sadek
Christopher Glover	Mathieu Walker
Samir Hazra	Kibar Yared
Malek Kass	Eric Yu

2018 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The 12th Pediatric Cardiology Trainee Review Program was held April 27-29, 2018 at the Hospital for Sick Children in Toronto. This year, there were nine attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents’ needs. One of valued benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology community, supporting the CCS, in the future. The 2019 program is scheduled for April 26-28 in Toronto.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

2018 Pediatric Cardiology TRP Faculty

Kenny K. Wong, Chair	Martin Hosking
Myriam Brassard	Jennifer Russell
Caroline Escudero	Derek T. Wong
Michael Grattan	

2018 HAVE A HEART BURSARY

The *Have a Heart* Bursary Program, now in its 18th year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the CCC.



“The *Have a Heart* Bursary Program is a fantastic way to explore and pursue your ambitions in the cardiovascular sciences here in Canada. It allows you to network with leaders in the field and develop great mentor-mentee relationships.”

— *Nikita Malhotra, 2018 Have a Heart Bursary Recipient*

Congratulations to the 2018 *Have a Heart* Bursary Program recipients:

Chantal Asselin (Winnipeg, MB)
Victoria Bass (Vancouver, BC)
Peter Baumeister (Vancouver, BC)
Jimmy Kang (Edmonton, AB)
Vincent Le (Thunder Bay, ON)
Nikita Malhotra (Hamilton, ON)
Charles Massie (Montreal, QC)
Mylène Shen (Québec, QC)
Arun Surendran (Winnipeg, MB)
Lionel Tastet (Québec, QC)
Ren Jie Robert Yao (Vancouver, BC)
Cynthia Yeung (Kingston, ON)



The CCSA gratefully acknowledges the Canadian Institutes of Health Research's Institute of Circulatory and Respiratory Health (CIHR-ICRH) and the Cardiac Arrhythmia Network of Canada (CANet) for their support our future cardiovascular professionals and the 2018 *Have a Heart* Bursary Program.

ANNUAL CANADIAN CARDIOVASCULAR TRAINEE PROGRAM

For the past 17 years, the Trainee Program (formerly Trainee Day) at the Canadian Cardiovascular Congress (CCC) has evolved and for the second year is now fully integrated with the CCC programming. Sessions ran continuously throughout the three days of CCC. This format has been well received by trainees. We continue to leverage a number of resources to develop a program that caters to a broad array of trainees. This year's program was supported by dozens of senior CCS members and included interactive workshops, hands-on skills labs, networking opportunities, new cardiovascular career fair and the popular networking luncheon.



“The Trainee Program at CCC continues to embody the CCS Trainee Experience. Attendees come from all disciplines and geographies, the topics range from the clinical to the investigative to the personal, and faculty include physicians, scientists, business people, policy-makers and more. Programming of this breadth would not be possible without the continued support of the CCS and its staff, the CCSA, the CIHR, CANet, the senior CCS members and partners who lead workshops and the committee of dedicated trainees who work year-round to plan this event. Each year continues to foster innovation and diversity, and this year was no less remarkable. We know the future is bright with extraordinary trainees within CCS, and look forward to their continued growth and leadership.”

– William McIntyre and Varinder Randhawa, 2018 Trainee Program Co-Chairs

A special thanks to the following members of the Trainee Program Planning Committee for putting together a stellar program.

2018 TRAINEE PROGRAM PLANNING COMMITTEE MEMBERS

William McIntyre, Co-Chair
Varinder Randhawa, Co-Chair
Katherine Allan
Najah Adreak
Liane Arcinas
Chantal Asselin
Laurie-Anne Boivin-Proulx

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Lauren Waknin
Darryl Wan
Kai Wu
Daniel Van Zanten

2018 DR. CHARLES KERR AWARD

This award was created in memory of Dr. Charles Kerr who passed away in 2017. Charlie was a past president of the CCS and a generous supporter of the CCSA from its inception.

The Kerr Award is given annually to up to three residents that epitomize Charlie's goals for the cardiovascular community and strive to embody his legacy through encouraging and advocating for those in need of assistance or support.

Congratulations to this year's recipients:

Ismail Bouhout,
University of Montreal

David Harnett,
University of Ottawa

Meighan Kelly,
Dalhousie University

“I had a fantastic experience at the 2019 CCC as a Dr. Charles Kerr Award recipient. I had the privilege to meet and learn from many of the past presidents of the CCS. I would like to thank the CCSA for this ongoing commitment to Canadian cardiovascular trainees.”

— *David Harnett, 2018 Dr. Charles Kerr Award recipient*



(from left to right) Dr. Lyall Higginson (CCSA President), Dr. Ismail Bouhout, Dr. Meighan Kelly & Dr. David Harnett at the 2018 CCS Award Ceremony

OUR 2017–2018 DONORS

Donations received between October 1, 2017 and September 30, 2018.

Donations from individuals and organizations make our valued CCSA programs possible. Support the Canadian Cardiovascular Society Academy today. Thank you!

Visionary (\$5,000 and up)

Mangeet Chahal
Lyll Higginson
Victor Huckell
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Thank you to these institutions for their collective support of the CCSA and its trainee initiatives.



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Division of Cardiology



Dalhousie University,
Division of Cardiology



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University of Ottawa
Heart Institute, Division
of Cardiology



The University of Toronto
Division of Cardiology, from
the following hospitals,
St-Michael's, Sunnybrook
Health Sciences Centre,
University Health Network,
and Women's College
Hospital.

THANK YOU

More than 150 CCS Members have collectively donated more than 1000 hours towards the planning and delivery of programs for our future cardiovascular professionals. We wish to underscore member's time and financial contributions to the CCSA in support of trainees.

2017–2018 FINANCIALS

March 31, 2018

(Based on the 2017–2018 Audited Financial Statement)

Statement of Operations

Revenue	\$263,114
Expenses	\$274,941
Deficit	-\$11,827

Statement of Financial Position

Assets	\$2,004,215
Liabilities	\$0
Net Assets	\$2,004,215
Total Liabilities and Net Assets	\$2,004,215

Complete financial statements and the auditor's report for the fiscal year of April 1, 2017 to March 31, 2018 are available to CCSA members upon request.