



Canadian
Cardiovascular
Society Academy

Académie de la
Société canadienne
de cardiologie

CANADIAN CARDIOVASCULAR SOCIETY ACADEMY 2017 IN REVIEW



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ABOUT THE CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

CCSA PROGRAMS DELIVERED IN 2017

Cardiac Surgery TRP

Adult Cardiology TRP

Pediatric Cardiology TRP

Have a Heart Bursary Program

Annual Cardiovascular Trainee Program at CCC

Trainee Networking Luncheon at CCC

Inaugural Dr. Charles Kerr Award

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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MESSAGE FROM THE PRESIDENT

Thank you for donating. Thank you for giving your time. Thank you for believing in our Academy – we could not be what we are without you!



Dear Donors, Volunteers and Readers...
Thank you!

I am truly honored to lead the Academy for the next two years. I would like to thank Dr. Victor Huckell for his outstanding leadership during his term as President.

It gives me great pleasure to share with you the accomplishments in another successful year for the CCSA – made possible by your support and commitment to fostering a strong cardiovascular future.

In 2017 our Academy:

- **granted a Have a Heart Travel bursary to 15 promising young Canadian students** to attend the Canadian Cardiovascular Congress (CCC) in Vancouver. This program introduces these bright young minds to members of the cardiovascular community, provides them with opportunity to interact with leaders in the field, and to discuss their career aspirations;
- **prepared 88 Trainees to write the Royal College exam** – The Royal College exam is a critical milestone for our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery. The program tests knowledge and sharpens examination skills. These review programs provide trainees the opportunity to network with program faculty and fellow trainees from across the country. Our programs have been running annually for a decade with more than 99% participation from our trainees. They continue to be highly valued and considered by those who participate as “must attend” programs;

- **provided 32 trainees with the opportunity to gain valuable experience** as active participants on CCS Standing Committees. Our trainees were active planning educational events, leading working groups, participating as junior editors of the *Canadian Journal of Cardiology (CJC)* to name a few. All of these opportunities are made possible through the work and dedication of the Trainee Committee who are responsible for planning a number of initiatives such as the Trainee Program at the Canadian Cardiovascular Congress (CCC), the Annual Networking Luncheon, and communication initiatives including the Trainee section on the CCS website and leading social media platforms which has led to increased and more timely communications amongst trainees.
- **awarded three Dr. Charles Kerr Award.** This award was created in memory of Dr. Charles Kerr who passed away earlier this year. Charlie was a past president of our Academy and generous supporter of the CCSA from its inception.

The Board of Directors remains highly engaged. We are proud of our successes and trainees. We will provide the best programs in the most efficient manner, while focusing on the goals of the academy. 2018 will be even greater!

Thank you for a tremendous year, and for your support of our Academy.

Sincerely,

Lyall Higginson, MD, FRCPC, FCCS
President, CCSA



TRAINEE REVIEW PROGRAMS (TRPs)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

“Thank you for organizing this excellent program! It has been very useful to prepare and be introduced to the RC exam. The questions and review material provided are invaluable!”
— 2017 AC TRP Participant

2017 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The 10th Cardiac Surgery Trainee Review Program was held February 10-11, 2017 in Montréal. There were 19 cardiac surgery residents in attendance, of which 8 were scheduled to write the exam in 2017. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process. The 2018 Program is scheduled for February 16th to 17th in Montreal.

The CCS and CCSA wish to extend their thanks to the following faculty members for their contribution and for providing an outstanding learning opportunity for Canada’s cardiac surgery trainees.

2017 Cardiac Surgery TRP Faculty

Jessica Forcillo, Chair	Daniel Lodge
Mitesh Badiwala	François-Pierre Mongeon
Vincent Chan	Maral Ouzounian
Anson Cheung	Maude Pagé
Jessica Forcillo	Mackenzie Quantz
Maxime Laflamme	Luis Quinonez
Fanny Lange	Christian Rosu

2017 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The 12th offering of the Adult Cardiology Trainee Review Program was held April 21-23, 2017 in Toronto. There were 64 third-year trainees in attendance along with 16 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination. The 2018 Program is scheduled for April 13th to 15th in Toronto.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

2017 Adult Cardiology TRP Faculty

Michael Froeschl, Chair	Evan E. Lockwood
Mathieu Bernier	Gillian Nesbitt
Annabelle Chen-Tourmoux	Mohamed Nosair
Nisha Ann D’Mello	Sarah Ramer
Nadine Gauthier	Mouhamed Sadek
Christopher Glover	Mathieu Walker
Samir Hazra	Kibar Yared
Malek Kass	Eric Yu

2017 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The 11th Pediatric Cardiology Trainee Review Program was held May 5-7, 2017 at the Hospital for Sick Children in Toronto. This year, there were 5 attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents’ needs. Probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future. The 2018 program is scheduled for April 27th to 29th in Toronto.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

2017 Pediatric Cardiology TRP Faculty

Kenny K. Wong, Chair	Émilie Jean St-Michel
Caroline Escudero	Lily Lin
Michael Grattan	Derek T. Wong

“Very well organized. Found information presented very helpful. Interactive sessions were particularly useful to identify weaknesses.”
— 2017 CS TRP Participant

“Great weekend! Very helpful! Thank you so much!” — 2017 Participant



2017 HAVE A HEART BURSARY

The *Have a Heart Bursary Program*, now in its 17th year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the Canadian Cardiovascular Congress (CCC).

“The *Have a Heart Bursary Program* was a remarkable once-in-a-lifetime experience. As a senior medical student, attendance to the Canadian Cardiovascular Congress provided me with an incredible opportunity not only to reinforce my knowledge base of cardiovascular principles, but to also attain a set of up-to-date clinical pearls very pertinent to clinical practice. The opportunity to engage with national leaders within the cardiology community face-to-face and to learn from their journeys provided one with immense insight into the breadth and depth of personal and professional experiences. It was likewise an immense pleasure to network with like-minded colleagues in-training, with whom one aspires to maintain lifelong bonds as we explore our journeys within the cardiovascular sciences.”

— *Claudia Frankfurter, 2017 HHB Recipient*



CIHR IRSC
Canadian Institutes of Health Research / Instituts de recherche en santé du Canada

The Canadian Cardiovascular Society Academy (CCSA) gratefully acknowledges the Canadian Institutes of Health Research's Institute of Circulatory and Respiratory Health (CIHR-ICRH) for supporting our future cardiovascular professionals and the 2017 *Have a Heart Bursary Program*.

Congratulations to the 2017 *Have a Heart Bursary Program* recipients:

- Taylor Buchan (Toronto, ON)
- Malak Elbatarny (Kingston, ON)
- Claudia Frankfurter (Toronto, ON)
- Dora Gyenes (Edmonton, AB)
- Mackenzie King (Winnipeg, MB)
- Jacinthe Leclerc (Québec, QC)
- Laura-Eve Mantella (Kingston, ON)
- Connor McGuire (Halifax, NS)
- Daniel Park (Toronto, ON)
- Guillaume Plourde (Québec, QC)
- Daniyil Svystonyuk (Calgary, AB)
- Tenneille Tana (Ottawa, ON)
- Kevin, Um (Hamilton, ON)
- Stephen Wright (Toronto, ON)
- Kai Yi Wu (Ottawa, ON)



ANNUAL CANADIAN CARDIOVASCULAR TRAINEE PROGRAM



For the past 15 years, the Trainee Day at the Canadian Cardiovascular Congress (CCC) has been evolving to meet the needs of the diverse group of young professionals that belong to the CCS. At CCC 2017 in Vancouver, the Trainee Day became the Trainee Program and was fully integrated with the main CCC. Sessions ran continuously throughout the 3 days. This new format was highly received by trainees. We continue to leverage a number of resources to develop a program that caters to a broad array of trainees. This year's program was supported by dozens of senior CCS members and included interactive workshops, hands-on skills labs, networking opportunities, a new "Trainee Lounge" and the popular networking luncheon.

"The Trainee Program at CCC embodies the CCS Trainee Experience. Attendees come from all disciplines and geographies, the topics range from the clinical to the investigative to the personal, and faculty include physicians, scientists, business people, policy-makers and more. Programming of this breadth would not be possible without the continued support of the CCS and its staff, the CCS Academy, the CIHR, the senior CCS members and partners who lead workshops and the committee of dedicated trainees who work year-round to plan this event."

— *William McIntyre and Varinder Randhawa*

A special thanks to the following members of the Trainee Program planning committee for putting together a stellar program.

2017 TRAINEE PROGRAM PLANNING COMMITTEE MEMBERS

William McIntyre, Co-Chair
Varinder Randhawa, Co-Chair
Katherine Allan
Safia Chatur
Chris Cheung
Adrian Chikwanha
Claudia Coté
Stephanie Kereliuk

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Kim Phan
Erin Rayner-Hartley
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Keerit Tauh
Nicolas Thibodeau-Jarry
Patrick Vigneault
Darryl Wan
Weiang Yan
Daniel Van Zanten

Over 225 trainees attended the 2017 Trainee Program and Networking Luncheon in Vancouver.



(from left to right) Dr. Victor Huckell (CCSA Past-President), Dr. Rebecca Mathew, Dr. Christopher Cheung & Dr. Ayaaz Sachedina at the 2017 CCS Awards Ceremony

INAUGURAL DR. CHARLES KERR AWARD

This award was created in memory of Dr. Charles Kerr who passed away earlier this year. Charlie was a past president of our Academy and generous supporter of the CCSA from its inception.

The Dr. Charles Kerr Award will be given annually to up to three residents that epitomize Charlie's goals for the cardiovascular community and strive to embody his legacy through encouraging and advocating for those in need of assistance or support

“During his many years of service, Dr. Kerr was a exceptional mentor and teacher among trainees, and an exceptional physician and advocate among patients. It was a true honour for myself and my colleagues to receive the Dr. Charles Kerr Award in recognition of his many accomplishments and unwavering advocacy.”

— *Christopher Cheung, 2017 recipient*



Congratulations to this year's inaugural recipients:

Rebecca Mathew
University of Ottawa

Christopher Cheung
University of British Columbia

Ayaaz Sachedina
University of Western Ontario

OUR DONORS

Donations received between October 1st, 2016 and September 30th, 2017.

Donations from individuals and organizations make our valued CCSA programs possible.

Support the Canadian Cardiovascular Society Academy today. Thank you!

Visionary (\$5,000 and up)

Mangeet Chahal
Catherine Kells
Heather Ross

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Omid Salehian
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James Warnica
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collectively donated
more than 1000
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planning and delivery
of programs for our
future cardiovascular
professionals. We
wish to underscore
member's time and
financial contribu-
tions to the CCSA in
support of trainees.

The following institutions made generous donations in aggregate from all of their members. Thank you to these institutions for their collective support of the CCSA and its trainee initiatives.



UNIVERSITY OF
TORONTO

The University of Toronto Division of Cardiology, from the following hospitals, St-Michael's, Sunnybrook Health Sciences Centre, University Health Network, and Women's College Hospital.



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The University of Ottawa Heart Institute's Division of Cardiology and Cardiac Surgery.



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The Canadian Cardiovascular Society Academy gratefully acknowledges the Canadian Institutes of Health Research's Institute of Circulatory and Respiratory Health (CIHR-ICRH) for supporting our future cardiovascular professionals and the 2017 *Have a Heart Bursary Program*.