



Canadian  
Cardiovascular  
Society Academy

Académie de la  
Société canadienne  
de cardiologie

# CANADIAN CARDIOVASCULAR SOCIETY ACADEMY 2016 IN REVIEW



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# ABOUT THE CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

## CCSA PROGRAMS DELIVERED IN 2016

**Cardiac Surgery TRP**

**Adult Cardiology TRP**

**Pediatric Cardiology TRP**

**Annual Cardiovascular Trainee Day at CCC**

***Have a Heart Bursary Program***

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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# MESSAGE FROM THE PRESIDENT



**ACADEMY:** A society or institution of distinguished scholars, artists or scientists that aims to promote and maintain standard in its particular field.

**The CCSA works to be such a group by focusing on three major programs but also considering new programs.**

**THE HAVE A HEART BURSARY PROGRAM:** This bursary program supports promising young Canadian medical students, post graduate trainees and scientists in training in cardiovascular sciences (clinical and basic sciences) to help develop a strong Canadian Cardiovascular Community in the future. The recipients of this award attend the annual Canadian Cardiovascular Congress (CCC).

**THE TRAINEE REVIEW PROGRAMS:** These programs have been in evolution for decades. At present, our senior clinical trainees in Adult Cardiology, Pediatric Cardiology, and Cardiac Surgery attend these programs to be better prepared for the critical milestone of writing the Royal College of Physicians and Surgeons of Canada examination. As well as they meet their peer group and possible mentors for the future of their practice. In 2016 over 80 trainees attended the Trainee Review Programs.

**THE ANNUAL CARDIOVASCULAR TRAINEE DAY AT CCC:** Trainees of all disciplines find the trainee day to be a great venue for networking and taking part in practical hands on workshops. In 2016 over 225 trainees participated in trainee day at CCC in Montreal.

**FUNDING:** There are many opportunities for the Academy; however, programs cost money. To this point in time, we have endeavored to maintain our equity and fund our programs from annual income. The annual income, of course, is heavily dependent on donations – mostly from the membership but also from external sources. Over the last two years we have developed a strategy to provide the best possible programs at the lowest cost and initiate new programs.

**I. INCREASE THE ACAMEDY'S INCOME –** We have altered the direction of our investment portfolio and moved to a new financial management group. We have added one member to the Board of the Academy who has particular skills in raising funds. We are creating a philanthropic “group” to enhance donations.

**2. IMPROVE CLARITY OF FINANCIAL REPORTING TO MEMBERS –** We have developed a new reporting format so that members of the Board (as well as members of the Academy) can easily see how our investment folio performs as well as how much of our income is spent on key programs.

**3. MAKING EXPENDITURES EFFICIENT –** We review our programs semi-annually. We have deleted one small program and altered other programs to ensure our goals are achieved. We continue to review our programs to determine top priorities. In addition, we are exploring new initiatives to help the CCS deploy their highly successful clinical practice guidelines.

**4. WORKING WITH PARTNERS SUCH AS THE CCS TO SEEK NEW PRIORITIES FOR FUNDRAISING –** As noted we are creating a fundraising subgroup of the Board to explore new sources of revenue in line with CCS and CCSA's strategic plans.

Our core support (regardless of external sources) comes from the generous donations of Canadian cardiovascular physicians, surgeons, and scientists. In 2016, the University of Toronto Cardiovascular Group from the following hospitals, St-Michael's, Sunnybrook Health Sciences Centre and Women's College, shortly followed by the University of Ottawa Hearth Institute cardiology and cardiac surgery group made extraordinarily generous donations in aggregate for all of their members.

Our programs could not exist without such support. One of our strategies for 2017 will be to encourage our members to continue to be generous.

Finally, such an organization could not function without the volunteers on the Board, the extraordinarily capable CCSA staff, and you – the members of the Academy. We are looking to an extraordinarily positive year with new programs to be developed.

It is my privilege to be involved with a national “Academy”!

A handwritten signature in black ink, appearing to read 'V. Huckell'.

Victor F. Huckell, MD, FCCS  
President



# TRAINEE REVIEW PROGRAMS (TRPS)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

“Great course! Very well organized, attended and appreciated by the residents. The program was highly recommended by previous residents and will continue to highly recommend it to future residents. Review on Sunday was excellent. Thank you to all the staff for taking the time to organize and run the course.” — 2016 TRP Participant

## 2016 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The ninth Cardiac Surgery Trainee Review Program was held March 4-5, 2016 in Montréal. There were 25 cardiac surgery residents in attendance, of which 16 were scheduled to write the exam in 2016. The program was also opened to 5<sup>th</sup> year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend their thanks to the following faculty members for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees.

### 2016 Cardiac Surgery TRP Faculty

Frédéric Jacques, Chair	Dimitri Kalavrouziotis
Mitesh Badiwala	Maxime Laflamme
Vincent Chan	Daniel Lodge
Anson Cheung	François-Pierre Mongeon
Ismail El-Hamamsy	Luis Quinonez
Jessica Fortillo	Christian Rosu

The CCSA would like to express a sincere thank you to Dr. Frédéric Jacques for his commitment and leadership as Chair of the Cardiac Surgery TRP for the past 4 years. We appreciate and acknowledge the hard work, time and energy placed into designing a successful program that greatly benefitted our future leaders in cardiovascular health. Thank you!

## 2016 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The eleventh offering of the Adult Cardiology Trainee Review Program was held April 8-10, 2016 in Toronto. There were 56 out of 66 third-year trainees in attendance along with 15 faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

### 2016 Adult Cardiology TRP Faculty

Michael Froeschl, Chair  
Luc Beauchesne  
Mathieu Bernier  
Natalie Bottega  
Nisha Ann D'Mello  
Peggy DeJong  
Malek Kass  
Evan E. Lockwood  
Hung Q. Ly  
Gillian Nesbitt  
Mohamed Nosair  
Sarah Ramer  
Mouhamed Sadek  
Mathieu Walker  
Eric Yu

## 2016 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The tenth Pediatric Cardiology Trainee Review Program was held April 29-May 1, 2016 at the Hospital for Sick Children in Toronto. This year, there were five attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents' needs. Probably the most long standing benefit of the TRP is that it brings together future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program and for contributing their time to its success:

### 2016 Pediatric Cardiology TRP Faculty

Kenny K. Wong, Chair  
Myriam Brassard  
Caroline Escudero  
Michael Gratta  
Martin Hosking  
Jennifer Russell  
Derek T. Wong



# 2016 HAVE A HEART BURSARY

The *Have a Heart* Bursary Program, now in its sixteenth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the Canadian Cardiovascular Congress (CCC).

“My experience as a *Have a Heart* Bursary (HHB) recipient was phenomenal! The generosity and support of the CCSA is unmatched by any other organization as the HHB purpose is to simply bring together some of Canada’s young, and top cardiovascular specialists. Meeting young individuals with similar passions from across Canada has resulted in the formation of new bonds and research collaborations!”

— Stephanie Kereliuk, 2016 *Have a Heart* Bursary Recipient



The Canadian Cardiovascular Society Academy (CCSA) gratefully acknowledges the Canadian Institutes of Health Research’s Institute of Circulatory and Respiratory Health (CIHR-ICRH) for support our future cardiovascular professionals and the 2016 *Have a Heart* Bursary Program.

## Congratulations to the 2016 *Have a Heart* Bursary Program recipients:

- Gauri Akolkar (Winnipeg, MB)
- Inna Gong (Toronto, ON)
- Mikyla Janzen (Vancouver, BC)
- Stephanie Kereliuk (Winnipeg, MB)
- Faizan Khan (Ottawa, ON)
- Jessica Luc (Edmonton, AB)
- Logan Macdonald (Vancouver, BC)
- Ramsey Powell (St. John’s, NFLD & LAB)
- Karla Rebullar (Vancouver, BC)
- Manoj Saraswat (Halifax, NS)
- Nariman Sepehrvand (Edmonton, AB)
- Vishnu Vasanthan (Edmonton, AB)
- Jie Wang (Winnipeg, MB)
- Vicki Wang (Toronto, ON)
- Jennifer Zlepzig (Ottawa, ON)



**2016 Trainee Day Planning Committee Members**  
 First row, Victoria Lam, Varinder Randhawa, Min Quan, Anita Chan, Catherine Deshaies, Yingwei Liu.  
 Back row, Lauren Waknin, Chris Hayes, Darryl Wan, Andrew Fagan, Patrick Vigneault, Dimitrios Tsirigotis, Laura Banks.  
 Missing from photo: Chris Cheung and William McIntyre.

# 15<sup>TH</sup> ANNUAL CANADIAN CARDIOVASCULAR TRAINEE DAY

The Annual Canadian Cardiovascular Trainee Day is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

A special thanks to the Annual Canadian Cardiovascular Trainee Day planning committee who put together an exemplary program.

“The Trainee Day offers interactive professional development programming and workshops led by leading Canadian cardiovascular clinicians and scientists. This is a one of a kind experience that brings together cardiovascular trainees from across Canada with the goal of advancing excellence in cardiovascular medicine education.”

— Laura Banks, Toronto, ON – 2015-2016, Co-Chair, Trainee Day Planning Committee



## 2016 TRAINEE DAY PLANNING COMMITTEE MEMBERS

- |                                   |                   |
|-----------------------------------|-------------------|
| Dimitrios Tsirigotis,<br>Co-Chair | Victoria Lam      |
| Laura Banks, Co-Chair             | Yingwei Liu       |
| Anita Chan                        | William McIntyre  |
| Chris Cheung                      | Minh Quan         |
| Catherine Deshaies                | Varinder Randhawa |
| Andrew Fagan                      | Patrick Vigneault |
| Chris Hayes                       | Lauren Waknin     |
|                                   | Darryl Wan        |

# OUR DONORS

Donations received between October 1<sup>st</sup>, 2015 and September 30<sup>th</sup>, 2016.

Donations from individuals and organizations make our valued CCSA programs possible. Support the Canadian Cardiovascular Society Academy today.

Thank you!

**More than 100 CCS Members have collectively donated more than 800 hours towards the planning and delivery of programs for our future cardiovascular professionals.**

**Visionary (\$5,000 and up)**

Rob Beanlands  
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Victor Huckell  
Nisar Huq  
Heather Ross

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