

## CANADIAN CARDIOVASCULAR SOCIETY ACADEMY 2014–2015 ANNUAL REPORT



Canadian Académie de la Cardiovascular Société canadienne Society Academy de cardiologie



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### Canadian Cardiovascular Society Academy

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# ABOUT THE CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

### **CCSA PROGRAMS DELIVERED IN 2014–2015**

Cardiac Surgery TRP Adult Cardiology TRP Pediatric Cardiology TRP Annual Cardiovascular Trainee Day at CCC Have a Heart Bursary Program

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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# MESSAGE FROM THE PRESIDENT



Greetings! We are now in full swing at the Canadian Cardiovascular Society Academy (CCSA), aiming to provide the best programs in the most efficient manner, while focusing on the goals of the CCSA. Since its start, CCSA enabled programs that targeted trainees, who will help reshape cardiovascular care in the 21<sup>st</sup> century.

### The CCSA focuses on three major programs, and an exciting new initiative:

**The Have a Heart Bursary Program.** This bursary program introduces promising young Canadian medical students, post-graduate trainees and scientists-in-training to the cardiovascular sciences (clinical and basic sciences) to encourage a strong Canadian cardiovascular community in the future.

**The Trainee Review Programs.** Our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery attend these programs to be better prepared for the critical milestone of writing the Royal College of Physicians and Surgeons of Canada (RCPSC) exam.

The Annual Cardiovascular Trainee Day at the Canadian Cardiovascular Congress (CCC). Trainees of all disciplines find the Trainee Day to be a great venue for networking and taking part in practical and hands-on workshops.

**Strategic Pilot Initiatives.** This year the CCSA is piloting a new initiative by which it is providing modest matching funds to help the Canadian Cardiovascular Society (CCS) with their popular and highly successful clinical practice guidelines development.

We have many opportunities before us, but programs cost money. To ensure that we are providing the best possible programs at the lowest cost, the CCSA has developed a strategy that will focus on both value and cost. We have a four-pronged strategy.

**Increase the CCSA's Income.** We slightly altered the direction of our investment portfolio to increase our stream of predictable dividend and interest income, and this is already proving effective. Led by our trainees and Dr. Victor Huckell, our incoming President, we are working to increase our philanthropic income.

**Improve the clarity of our financial reporting to members.** Once we complete our fiscal year and share our financial reports, members will be able to tell at a glance how much income we produce, how much our investment portfolio increases or decreases, how much we spend, and how much of our income is spent on our key programs.

**Make CCSA expenditures as efficient as possible.** We continue to review our programs to assess their value to trainees. Are the programs still achieving their trainee-oriented goals? Which programs should be our top priorities? Are these programs still necessary when compared to upcoming needs?

Work with the CCS to seek new priorities for fundraising. The purpose of the CCSA is broadening beyond our current training focus into supporting knowledge translation through guidelines development. We are helped in this with the new CCS Strategic Plan, which identifies priority areas in which we can help the great Canadian cardiovascular enterprise.

Finally, our core support comes from the generous donations of Canadian cardiovascular physicians and scientists. The programs could not exist without this support. However, most of the support for the CCSA originates from the same passionately committed and generous members. For this reason, I challenge to all of us in the CCSA community to reach out to a friend who may not know of our great work, and invite them to join us and be part of the solution.

If all of us donated each year simply the value of reading an echocardiogram, perfusion scan, or ten ECGs, or of performing a diagnostic angiogram or electrophysiologic study, the CCSA and our trainees would be on very solid ground and be able to undertake the kinds of programs important to us all, and the future health of our patients.

I would like to finish by thanking the CCSA Board members, the CCSA member volunteers who run our programs, the wonderful CCSA staff and you, our donors for your continued support.

And welcome to Dr. Huckell!

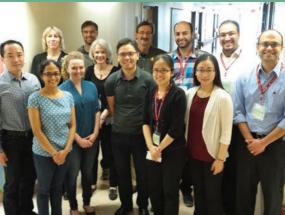
Regards,

Robert Sheldon, MD PhD President



"I attended the 2015 Adult Cardiology TRP. The program was very well organized. We had excellent teachers and the didactic sessions were presented in a very interactive format. The OSCE session gave great insights into my strengths and weaknesses and allowed me to focus my future studying." Abhinav Sharma, MD, FRCPC, ABIM PhD Candidate – University of Alberta DCRI Research Fellow – Duke University





## TRAINEE REVIEW PROGRAMS (TRP)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

### **2015 CARDIAC SURGERY TRP**

The eighth Cardiac Surgery TRP was held February 20–21, 2015 in Montréal. There were 18 cardiac surgery residents in attendance, of which 11 were scheduled to write the exam in 2015. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend their thanks to the following faculty member for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees.

### 2015 Cardiac Surgery TRP Faculty

Frédéric Jacques, Chair Anson Cheung Hugues Jeanmart Dimitri Kalavrouziotis Ismail El-Hamamsy François-Pierre Mongeon Maral Ouzounian Mark Peterson Mackenzie A. Quantz

### 2015 ADULT CARDIOLOGY TRP

The tenth offering of the Adult Cardiology TRP was held April 24–26, 2015 in Toronto. There were 55 out of 70 third-year trainees in attendance along with 11 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

### 2015 Adult Cardiology TRP Faculty

Michael Froeschl, Chair Nisha Ann D'Mello Nadine Gauthier Evan E. Lockwood Hung Q. Ly Gillian Nesbitt Sarah Ramer Mouhamed Sadek Stuart J. Smith Mathieu Walker Eric Yu

### 2015 PEDIATRIC CARDIOLOGY TRP

The ninth Pediatric Cardiology TRP was held May 1–3, 2015 at the Hospital for Sick Children in Toronto. This year; there were 8 attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents' needs. Probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.

### 2015 Pediatric Cardiology TRP

Kenny K. Wong, Chair Myriam Brassard Fraser Golding Martin Hosking Jennifer Russell Derek T. Wong Shi-Joon Yoo



## 2014 HAVE A HEART BURSARY

The *Have a Heart* Bursary Program, now in its thirteenth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the Canadian Cardiovascular Congress (CCC).

"The Have a Heart Bursary program provides an exceptional opportunity to learn more about cardiology, meet colleagues with similar interests, and gain important mentorship insights. I was tremendously grateful for the experience to attend CCC 2014 and be invited to the many mentorship events provided."

Nigel Tan, 2014 Have a Heart Bursary Recipient



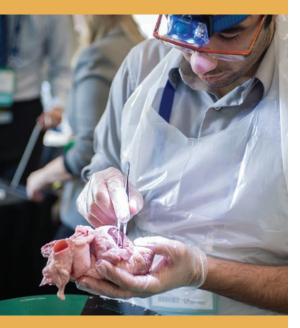
The Canadian Cardiovascular Society Academy (CCSA) gratefully acknowledges the Canadian Institutes of Health Research's Institute of Circulatory and Respiratory Health (CIHR-ICRH) for supporting our future cardiovascular professionals and the 2014 *Have a Heart* Bursary Program.

Congratulations to the 2014 *Have a Heart* Bursary Program recipients:

Maihemuti Abulajiang (Québec, QC) Winnie Chan (Hamilton, ON) Theresa Cowan (Kingston, ON) Barbara Doumouras (Toronto, ON) Eric Duong (Edmonton, AB) Mehroz Ehsan (Toronto, ON) Alec Falkenham (Halifax, NS) Nicolas Hannah (Ottawa, ON) Tamryn Law (Toronto, ON) Sylvie S. L. Leung Yinko (Montréal, QC) Alison Li (Burnaby, BC) Rebecca Mathew Hassan Mir (Mississauga, ON) Nour Qa'aty (Etobicoke, ON) Inderjeet Sahota (Calgary, AB) Artavazd Tadevosyan (Montréal, QC) **Derrick Tam** (Windsor, ON) Nigel Tan (Toronto, ON)



2014 Trainee Day Planning Committee Members (First row, Sanjog Kalra, Judy Luu, Valerie Rodgers, Preeti Anand, Christina Luong, Abhinav Sharma Back row, Matthew Chamberlain, Brian Potter, Laura Banks and Ala Al-Lawati, missing from photo Sonya Hui)



## ANNUAL CANADIAN CARDIOVASCULAR TRAINEE DAY

The Annual Canadian Cardiovascular Trainee Day is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

A special thanks to the 2014 Annual Canadian Cardiovascular Trainee Day planning committee who put together a stellar program.

# Over 200 trainees attended the 2014 Trainee Day in Vancouver.

#### 2014 Trainee Day Planning Committee Members

Sanjog Kalra, Co-Chair Matthew Chamberlain, Co-Chair Sonya Hui, Past Chair Ala Al-Lawati Preeti Anand Laura Banks Debraj Das

Christina Luong Judy Luu Valerie Rodgers Abhinav Sharma

"Trainee day is truly a one-stop-shop. From great clinical simulators, to research pearls from Canada's best investigators to personalized mentorship from the nation's cardiovascular sciences leaders, the Annual Trainee Day provides rich and valuable programming to the full breadth of Canada's cardiovascular trainees. As the current CCS Trainee Representative and Past-Chair of Trainee Day, I have had the privilege to help this event take shape and to see it grow in the hands of my colleagues and with the support of our mentors. It has been an exceptional experience for me, full of learning and growth."

Sanjog Kalra, 2015–2016 Trainee Representative on CCS Council

## OUR 2014–2015 DONORS

Donations received between April 1, 2014 – March 31, 2015



**2014 CCSA Visionary Donors** (Left to right, Charles Kerr; Victor Huckell, Heather Ross, Blair O'Neill)

Donations from individuals and organizations make our valued CCSA programs possible. Support the Canadian Cardiovascular Society Academy today. Thank you!

More than 100 CCS Members have collectively donated more than 800 hours towards the planning and delivery of programs for our future cardiovascular professionals.

#### Visionary (\$5,000 and up)

Victor Huckell Charles Kerr Blair O'Neill Heather Ross

### President's Circle (\$1,000 - \$4,999)

Rob Beanlands Margaret Blackwell Bibiana Cujec Ross Davies Michael Freeman Anne Gillis Michelle Graham Gabor Gyenes Catherine Kells Merril Knudtson Howard Leong-Poi Evan Lockwood Dakshina Murthy John Parker Robert Sheldon Samuel Siu Stuart Smith Mustafa Toma D. George Wyse Rodney Zimmermann

#### Benefactors (\$500 – \$999)

James Abel Derek Exner Milan Gupta Lyall Higginson Ionathan Howlett Marla Kiess Peter McLaughlin Brian Potter Simon Robinson Barry Rose Elizabeth Sherwin Mario Talajic Anthony Tang lean-Francois Tanguay Dylan Taylor Wladyslaw Wojcik Shelley Zieroth

#### Friends (up to \$499)

Harry Abramson Todd Anderson Paul Armstrong Rakesh Arora Mariano Badra Arden Barry Arsène Basmadjian Iqbal Bata Marie-Jeanne Bertrand Filio Billia Peter Bolli Jeff Booker Neil Brass

Myriam Brassard Robert Brown John Cairns Lucille Carling-Chambers Raymond Cartier Jean-Christophe Carvalho Margaret Cases Tiscar Cavalle-Garrido Kwan-Leung Chan Mark Chandy Edgar Chedrawy Tomas Cieza Brian Clarke Ruth Collins-Nakai Luc Cormier Paolo Costi lean-Marc Côté Simone Cowan Lorretta Daniel Dushyant Desai , Jag Dhar Paul Dorian Anique Ducharme Kim Duncan Anne Ferguson Anne Fournier Ronald Fowlis Darren Freed Eric Fretz Michael Froeschl Aldo Furlani George Garbe Vernon Gebhardt Nadia Giannetti François Gobeil Robert Goodman Elaine Gordon Anthony Graham John Graham Christopher Gray Paul Greenwood Naiyer Habib Louise Harris Michael Hartleib

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Igal Sebag Iryna Shovkivska litendra Singh Allan Skanes Hugh Smith Frank Spence Laurence Sterns Martin Strauss lan Surkes Neville Suskin Bruce Sussex Elizabeth Swiggum Jonathan Tang Christina Templeton Koon Kang Teo Nicolas Thibodeau-Jarry Mouhieddin Traboulsi Wayne Tymchak Benjamin Tyrrell Michael Tyrrell Mathieu Walker lames Warnica Andrew Warren Robert Welsh Alan White Randall Williams Stephen Wilton Andrew Wong Kenny Wong Ken Woo David Wood Kenneth Yvorchuk

### Community Donors

Intertask Conferences Ltd. Community Foundation Of Ottawa The Muttart Foundation

# FINANCIAL STATEMENTS

April 1, 2014 – March 31, 2015

### Summary of Operations

| Revenue   |                 |
|---|-----------------|
| Donation from members                           | \$<br>70,516    |
| Donation rom others                             | \$<br>5,270     |
| Grants  | 30,000          |
| Registration Revenue Trainee Day and            |                 |
| Trainee Review Programs                         | 33,170          |
| Dividend and interest income on investment      | 78,560          |
| Interest on promissory note                     | 8,478           |
| Bank interest                                   | 561             |
| Total Revenue                                   | \$<br>226,555   |
| Expenses  |                 |
| Administration                                  | 87,66 l         |
| Trainee Initiatives                             | 52, <b>9</b> 60 |
| Adult trainee review program                    | 48,610          |
| Have a Heart Bursary Program                    | 41,211          |
| CJC Subscription Fee                            | 21,938          |
| Cardiac surgery trainee review program          | 14,900          |
| Pediatric trainee review program                | 5,790           |
| CJC Subscription fees                           | 34,564          |
| Total Expenses                                  | \$<br>273,070   |
| Operating Surplus (deficit) before realized and |                 |
| unrealized gains on investment                  | \$<br>(46,515)  |
| Realized gains (losses) on investment           | 137,227         |
| Unrealized gains (losses) on held-for-trading   |                 |
| financial investments                           | (101,269)       |
| Excess (deficiency) of revenue over expenses    | \$<br>(10,557)  |

### Summary of Financial Position

| Total Liabilities and Net Assets     | \$<br>2,064,712 |
|--------------------------------------|-----------------|
| Net Assets                           | \$<br>2,027,198 |
| Current Liabilities                  | \$<br>37,514    |
| Liabilities                          |                 |
| Total Assets                         | \$<br>2,064,712 |
| Promissory Note, receivable from CCS | \$<br>190,974   |
| Investments                          | \$<br>1,727,076 |
| Current Assets                       | \$<br>146,662   |
| Assets                               |                 |

Complete financial statements and the auditor's report for the fiscal year of April 1,2014 to March 31,2015 are available to CCSA members upon request.