

Back-to-school recommendations for pediatric patients with heart disease in Quebec Province

1. Patients considered to be at risk of a serious illness with COVID-19 in whom we would not recommend back-to-school

- Systolic and / or diastolic dysfunction under medical treatment
- Univentricular hearts palliated or not (including Fontan palliation)
- Cyanosis
- HTP
- Heart transplant
- Residual and non-repaired hemodynamically significant lesions with symptoms
- Kawasaki with giant aneurysms / coronary stenosis / or post coronary intervention
- Poorly controlled arrhythmia on multiple drug regimen
- Patient on semi-urgent or urgent waiting list for cardiac surgery and / or interventional catheterization
- If co-morbidities refer to the most responsible physician

2. Recommendations for close contacts

A. Siblings of the patients listed above

- Young siblings' ad 11-12 years old (end of elementary school) should not go back-to-school

B. Parents

- No restrictions for the parents work environment and they should follow public health recommendations