

# Canadian Cardiovascular Society Academy 2009-2010 Annual Report



## Thank You!

I have proudly served on the CCSA Board of Directors for several years and my term as President is ending this October. It has been a very rewarding position and I wish to take this opportunity to thank all members who have contributed time and dollars to the mission of the CCSA.

The CCSA continues to believe that supporting our trainees is instrumental to ensuring a strong cardiovascular sector in the future. Several years ago, the Academy chose to centre its attention on providing support to students, prospective cardiovascular specialists and scientists-in-training, and developed programs to engage trainees, promising young students and researchers pursuing careers in the cardiovascular field.

As I reflect back on our accomplishments, here are some facts that I am so very proud of!

### **We have funded more than 100 Have A Heart Bursaries**

This program introduces promising young minds to the field of cardiology by supporting their participation at CCC. We are able to keep in touch with past bursary recipients who are current members of the CCS. We have been pleased to see many of the bursary winners appearing on the list of first-year residents in either adult cardiology, pediatric cardiology or cardiac surgery programs across Canada. It is also encouraging to see some of our future scientists and researchers, who are previous bursary winners, present abstracts at the CCC. This year has been particularly rewarding because we are now seeing some of our very first bursary winners starting their practices in cardiology or cardiac surgery – some of whom are helping to bring the program full circle by donating their time to become involved, and deliver CCSA programs.

**Annual Cardiovascular Trainee Day** is now in its 9<sup>th</sup> year where more than 200 trainees attend annually and continues to be a highlight at CCC.

Our **Trainee Review Programs** in Adult and Pediatric Cardiology and Cardiac Surgery has helped over 350 trainees prepare for their certification exam. Every year, we receive exceptional feedback on the quality of the training provided by the dedicated faculty who administer the TRPs – all of whom graciously donate their time and leadership to develop and implement the highly successful sessions.

Our **donations have increased 985%** from \$6,089 in 2004 to just under \$60,000 in 2010.

The number of CCS members who donated to the CCSA annually has risen steadily from 43 in 2004 to 159 in 2010. This still represents only 12 % of the membership! – **Help us increase that number even more – make a donation - any amount counts!**

Although the CCSA's impact has been significant for the future of cardiovascular community in Canada, there is still more that the Academy can do. Trainees are asking for more programs, and the proposals that have been submitted are currently under review by the CCSA. However to be able to offer these programs, we need to build a greater individual donor support and focus on fundraising efforts on developing a broader range of opportunities that will generate increased and sustained revenue for the Academy – **this has been a priority area this past year.**

We firmly believe that increased member support will be crucial to the long-term success of the Academy and its programs.

I wish to thank personally everyone who has contributed to the CCSA's success over the years.

Sincerely,

**Anne M. Gillis MD, FRCPC**  
President

# About the CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society (CCS).

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the completion of their fifth year of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.



Adult Cardiology TRP Committee

## Trainee Review Programs (TRPs) a resounding success!

Through the work of the CCS Trainee Committee, CCS trainees identified the RCPSC examination preparation as a critical milestone in the transition from “school to work”. Hence the Trainee Review Programs were established. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. It places their knowledge and exam writing skills to the test and provides them with an overview of all aspects of the exam. In addition, they have the opportunity to network with program faculty and fellow trainees from across Canada.

### 2010 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The fifth offering of the Adult Cardiology Trainee Review Program was held May 14 to 16, 2010, in Toronto. There were 52 out of 62 third-year trainees in attendance. The program again was an extremely valuable opportunity for third-year Adult Cardiology residents to prepare for the Royal College of Physicians and Surgeons of Canada – Examination in cardiology.

We would like to thank the Adult Cardiology TRP Planning Committee members who provided their time and leadership in developing and running this program:

Dr. Simon Jackson, Chair  
Dr. Mathieu Bernier  
Dr. James Brown  
Dr. Michael Freeman  
Dr. Michael Froeschl  
Dr. Christopher Johnson  
Dr. Evan Lockwood  
Dr. Sarah Ramer  
Dr. Stuart Smith  
Dr. Robert Stewart

*“Excellent, friendly faculty. Really appreciated their time and commitment to TRP. Thank you for taking the effort to organize and teach us.”*

2010 TRP Participant

### 2010 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The third Cardiac Surgery Trainee Review Program was held April 8 to 10, 2010 in Montréal. There were 19 Cardiac Surgery residents in attendance of which 14 are scheduled to write the exam this year. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process.

The CCSA wishes to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada’s Cardiac Surgery Trainees:

Dr. Yoan Lamarche, Chair  
Dr. Anson Cheung  
Dr. Philippe Demers  
Dr. Roy Masters  
Dr. Siamak Mohammadi  
Dr. Pierre Pagé  
Dr. Edward Pascoe  
Dr. Michel Pellerin  
Dr. Mackenzie Quantz

# Have a Heart Bursary Program

The 'Have a Heart' Bursary program is a travel bursary program designed to introduce promising young Canadian medical students, post-graduate trainees, and basic scientists in training to the cardiovascular field in Canada. This program supports 15 to 20 students annually to participate at the Canadian Cardiovascular Congress, and introduces them to accomplished members of the cardiovascular community.



Cardiac Surgery TRP 2010



Pediatric Cardiology TRP 2010

Since its inception in 2002, the Have a Heart Bursary Program has funded more than 100 young individuals.

**Congratulations to the recipients of the 2010 Have a Heart Bursary Program who will be attending the CCC 2010 in Montréal!**

|                            |                   |
|----------------------------|-------------------|
| Ratnadeep Basu             | (Edmonton, AB)    |
| Mark Chandy                | (Vancouver, BC)   |
| Ketul Chaudhary            | (Edmonton, AB)    |
| Christopher Cheung         | (Edmonton, AB)    |
| Marcel Edwards             | (Chateauguay, QC) |
| Candi Flynn                | (Clinton, ON)     |
| Céline Giordano            | (Ottawa, ON)      |
| Sonya Hui                  | (Toronto, ON)     |
| Sanjog Kalra               | (Toronto, ON)     |
| Drew Kuraitis              | (Ottawa, ON)      |
| Brian Li                   | (Toronto, ON)     |
| Ana Ludke                  | (Winnipeg, MB)    |
| Judy Luu                   | (Calgary, AB)     |
| Christian F. Rueda-Clausen | (Edmonton, AB)    |
| Jeffrey Shrum              | (Calgary, AB)     |
| Irena Szymanska            | (Ottawa, ON)      |
| Sijo Thandapilly           | (Winnipeg, MB)    |
| Karen Thronson             | (Winnipeg, MB)    |
| Hadi Toeg                  | (Ottawa, ON)      |
| Jonathan Walker            | (Winnipeg, MB)    |

## 2010 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The fourth offering of the Pediatric Cardiology Trainee Review Program was held May 7 to 9, 2010 at the Hospital for Sick Children in Toronto. This year, there were eight attendees representing programs from across Canada.

"The feedback this year was extremely positive. Trainees regard this course as "extremely invaluable" and the words "excellent, very useful, great" are written on numerous evaluations. Through the weekend, the residents expressed the value of this program, and were very appreciative of the faculty and the CCS and CCSA's commitment to it. The TRP meets the needs of the trainees. I believe a less tangible but probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future."

*Kenny Wong, Pediatric TRP Chair*

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program:

Dr. Kenny Wong, Chair  
Dr. Anne Fournier  
Dr. Fraser Golding  
Dr. Luc Jutras  
Dr. Jennifer Russell  
Dr. Jeffrey Smallhorn  
Dr. Shi-Joon Yoo



Have a Heart Bursary Program

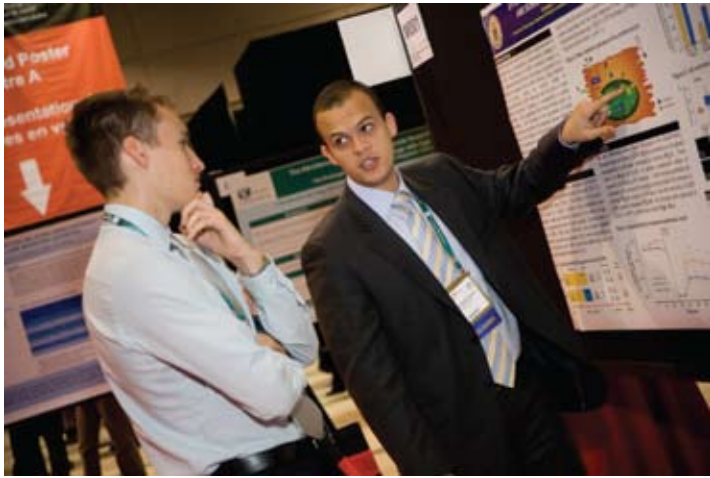
# Trainee Day

Trainee Day is a one-day educational program for trainees preceding the Canadian Cardiovascular Congress each year. This year's theme is *Stepping Out of Your Comfort Zone*.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that bridges the gap between transitioning from being trainees to young independent researchers and clinicians.

A special thanks to this year's Planning Committee who put together a stellar program.

Jay Udell, MD (Chair)  
Jessica Forcillo, MD  
Anmol Kapoor, MD  
David Lin, MSc  
Colm Murphy, MD  
Brian Potter, MD  
Stephanie Thorn, MSc



## Thank you to our 2009-2010 CCSA Donors!

(April 1, 2009 – March 31, 2010)

Donations from individuals and organizations make our valued CCSA programs possible.

### Corporate Donors

The Muttart Foundation  
PendoPharm, a division of  
PharmaScience Inc.  
United Way and Alberta Health

### Visionary (\$5000 and up)

Margaret Blackwell  
Charles R Kerr

### President's Circle (\$1000 to \$4900)

Paul W Armstrong  
Rob SB Beanlands  
Bibiana Cujec  
Ross A Davies  
Vladimir Dzavik  
Anne M Gillis  
Robert J Howard  
William J Kostuk  
Dakshina R Murthy  
Shah Nawaz  
Heather J Ross  
Anthony Tang  
D George Wyse

### Benefactors (\$500 to \$999)

Albert W Chan  
Derek V Exner  
Neil Fam  
Michael R Freeman  
Milan Gupta  
Mark Henderson  
Lyll A Higginson  
Jonathan Howlett  
William KK Hui  
Dennis P Humen  
Simon Douglas Jackson  
Howard M Leong-Poi  
Evan E Lockwood  
Roy G Masters  
Peter R McLaughlin  
Blair J O'Neill  
Bal M Sahay  
Erick Schampaert  
Hugh E Scully  
Robert Sheldon  
Stuart Smith  
Mario Talajic  
Dylan A Taylor



Visionary donor, Dr. Charles Kerr being recognized by CCSA President, Dr. Anne Gillis at the 2009 CCS Awards Ceremony.

# Support the Academy

The Academy draws its support from donations provided by the Canadian Cardiovascular Society, by the Academy's individual members and by other organizations with an interest in advancing the objectives of the Academy.

There are now two easy ways to support the Academy, donate online or make a gift of securities.

Make the CCSA part of your planned giving! Learn about ways to donate the CCSA at: [www.ccs.ca/ccsa](http://www.ccs.ca/ccsa).



2009 Have a Heart Bursary Recipients

## Friends (up to \$499)

Hoshiar Abdollah  
Beth Abramson  
Zohair Y Al-Halees  
Todd J Anderson  
Jehangir Appoo  
Michael G Baird  
Jaroslaw Barwinsky  
Israel Belenkie  
Simon Bérubé  
Peter Bolli  
Neil Brass  
Myriam Brassard  
Robert I Brown  
Kwan-Leung Chan  
Jonathan B Choy  
Tomas Cieza  
Ruth L Collins-Nakai  
Jean-Marc Côté  
Andrew M Crean  
Michel D'Astous  
Robert W Del Grande  
Catherine Demers  
Jean-Pierre Dery  
Leith RS Dewar  
Leonidas N Dragatakis  
Anne Ferguson  
Keith JC Finnie  
Ronald Fowlis  
Weinstein Frances  
Matthias G Friedrich

Aldo A Furlani  
François Gagnon  
Carol B Gailey  
George J Garbe  
Vernon A Gebhardt  
Nitin N Ghorpade  
Kenneth Gin  
Anthony F Graham  
Michelle Graham  
Martin S Green  
Peter G Guerra  
Gabor Gyenes  
Naiyer Habib  
Louise Harris  
Richard Harvey  
Robert Hegele  
Paul J Hendry  
George Honos  
Martin CK Hosking  
Mansoor Husain  
Eugene Igras  
Debra Isaac  
George Jablonsky  
Richard G James  
David Johnstone  
Bruce Josephson  
David Kazhila  
Catherine Kells  
Gerald A Klassen  
Arvind Koshal  
Charles Lazzam

Yves M Le Gal  
Richard A Leather  
Yves Leclerc  
Sherryn N Levinoff Roth  
Sheldon A Magder  
Rizwan Manji  
François Marcotte  
Brian McCrindle  
Neil McKenzie  
Bruce McManus  
Alan H Menkis  
Steven R Meyer  
Fraser A Miller  
Robert M Miller  
Gordon W Moe  
Franck Molin  
John A Morphet  
John C Mullen  
Paul Novak  
Thomas G Parker  
Edward A Pascoe  
Ian Paterson  
Stephen Pearce  
Louis P Perrault  
Philippe Pibarot  
J Geoffrey Pickering  
Paul Poirier  
Paul Timothy Pollak  
JA Jean Quevillon  
Brendan Quinn  
Ata-ur-Rehman Quraishi

Vivian S Rambihar  
Leon Rioux  
Margot R Roach  
John Rothschild  
John Sapp  
Greg Searles  
Suryakant K Shah  
Dominique Shum-Tim  
Gurdayal Singh  
Samuel Siu  
Martin Strauss  
David Stubington  
Jan Surkes  
Neville G Suskin  
Bruce Sussex  
Erik J Suuronen  
James W Tam  
Peter Tan  
Patrick Teefy  
Christina G Templeton  
Robert Teskey  
Guy Tremblay  
Andrew Warren  
Eva Welisch  
Alan M White  
Randall G Williams  
Wladyslaw Wojcik  
Kenny K Wong  
Rodney Zimmermann

# Financial Statement

For the year ended March 31

## STATEMENT OF OPERATIONS

| REVENUE  | 2010              | 2009                |
|--|-------------------|---------------------|
| Donations from members   | \$ 58,205         | \$ 46,370           |
| Donations from others  | 11,830            | 413                 |
| Donation from Canadian Cardiovascular Society  | 42,236            | 35,000              |
| Donations in marketplace securities  | 3,018             | -                   |
| Miscellaneous  | 1,276             | -                   |
| Investments  | 64,046            | (74,274)            |
|  | <b>308,051</b>    | <b>7,509</b>        |
| <b>EXPENSES</b>  |                   |                     |
| Adult Trainee Review Program   | 39,617            | 30,402              |
| Office and secretariat fees  | 38,261            | 40,136              |
| Trainee initiatives  | 28,762            | 25,283              |
| Have a Heart Bursary Program   | 17,578            | 22,901              |
| Management fees  | 15,756            | -                   |
| Cardiac Surgery Trainee Program  | 12,079            | -                   |
| Pediatric Trainee Review Program   | 7,949             | 12,349              |
| Meeting costs  | 4,723             | 3,203               |
| Printing   | 3,875             | 3,129               |
| Insurance  | 1,186             | 1,572               |
| Graphic design   | 837               | 2,542               |
| Miscellaneous  | -                 | 452                 |
| Legal fees   | 5,251             | 2,725               |
| Audit fees   | 4,737             | 4,035               |
|  | <b>180,611</b>    | <b>148,729</b>      |
| Deficiency of revenue over expenses before unrealized gains (losses) on held-for-trading financial investments | -                 | \$ (141,220)        |
| Unrealized gains (losses) on held-for-trading financial investments  | 127,440           | (78,770)            |
| <b>Excess (deficiency) of revenue over expenses</b>  | <b>\$ 127,440</b> | <b>\$ (219,990)</b> |

## SUMMARY OF FINANCIAL POSITION:

| ASSETS                            |                     |                     |
|-----------------------------------|---------------------|---------------------|
| Current Assets                    | \$ 114 401          | \$ 207 210          |
| Investments                       | 1 361 922           | 1 154 900           |
|                                   | <b>\$ 1 476 323</b> | <b>\$ 1 362 110</b> |
| <b>LIABILITIES AND NET ASSETS</b> |                     |                     |
| Current Liabilities               | \$ 3 542            | \$ 16 769           |
| Net Assets                        | 1 472 781           | 1 345 341           |
|                                   | <b>\$ 1 476 323</b> | <b>\$ 1 362 110</b> |

Complete financial statements and the auditor's report for the fiscal year April 1, 2009 to March 31, 2010 are available to any CCSA member upon request.

## CCSA BOARD MEMBERS

Anne M. Gillis, President  
Robert J. Howard, Past President  
Bibiana Cujec, Secretary/Treasurer  
Edmond King, Member

Peter Guerra, Member  
Charles R. Kerr, Member  
Lyll Higginson, Member  
Blair O'Neill, Member

Ross Davies, Member  
Gilbert Tang, Trainee Representative  
Anne Ferguson, Ex-Officio