



# CANADIAN CARDIOVASCULAR SOCIETY ACADEMY

2014–2015  
ANNUAL REPORT



Canadian  
Cardiovascular  
Society Academy

Académie de la  
Société canadienne  
de cardiologie



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# ABOUT THE CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society.

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

## CCSA PROGRAMS DELIVERED IN 2014–2015

**Cardiac Surgery TRP**

**Adult Cardiology TRP**

**Pediatric Cardiology TRP**

**Annual Cardiovascular Trainee Day at CCC**

**Have a Heart Bursary Program**

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

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# MESSAGE FROM THE PRESIDENT



Greetings! We are now in full swing at the Canadian Cardiovascular Society Academy (CCSA), aiming to provide the best programs in the most efficient manner, while focusing on the goals of the CCSA. Since its start, CCSA enabled programs that targeted trainees, who will help reshape cardiovascular care in the 21<sup>st</sup> century.

**The CCSA focuses on three major programs, and an exciting new initiative:**

**The *Have a Heart* Bursary Program.** This bursary program introduces promising young Canadian medical students, post-graduate trainees and scientists-in-training to the cardiovascular sciences (clinical and basic sciences) to encourage a strong Canadian cardiovascular community in the future.

**The Trainee Review Programs.** Our senior clinical trainees in adult cardiology, pediatric cardiology and cardiac surgery attend these programs to be better prepared for the critical milestone of writing the Royal College of Physicians and Surgeons of Canada (RCPSC) exam.

**The Annual Cardiovascular Trainee Day at the Canadian Cardiovascular Congress (CCC).** Trainees of all disciplines find the Trainee Day to be a great venue for networking and taking part in practical and hands-on workshops.

**Strategic Pilot Initiatives.** This year the CCSA is piloting a new initiative by which it is providing modest matching funds to help the Canadian Cardiovascular Society (CCS) with their popular and highly successful clinical practice guidelines development.

We have many opportunities before us, but programs cost money. To ensure that we are providing the best possible programs at the lowest cost, the CCSA has developed a strategy that will focus on both value and cost. We have a four-pronged strategy.

**Increase the CCSA's Income.** We slightly altered the direction of our investment portfolio to increase our stream of predictable dividend and interest income, and this is already proving effective. Led by our trainees and Dr. Victor Huckell, our incoming President, we are working to increase our philanthropic income.

**Improve the clarity of our financial reporting to members.** Once we complete our fiscal year and share our financial reports, members will be able to tell at a glance how much income we produce, how much our investment portfolio

increases or decreases, how much we spend, and how much of our income is spent on our key programs.

**Make CCSA expenditures as efficient as possible.** We continue to review our programs to assess their value to trainees. Are the programs still achieving their trainee-oriented goals? Which programs should be our top priorities? Are these programs still necessary when compared to upcoming needs?

**Work with the CCS to seek new priorities for fundraising.** The purpose of the CCSA is broadening beyond our current training focus into supporting knowledge translation through guidelines development. We are helped in this with the new CCS Strategic Plan, which identifies priority areas in which we can help the great Canadian cardiovascular enterprise.

Finally, our core support comes from the generous donations of Canadian cardiovascular physicians and scientists. The programs could not exist without this support. However, most of the support for the CCSA originates from the same passionately committed and generous members. For this reason, I challenge to all of us in the CCSA community to reach out to a friend who may not know of our great work, and invite them to join us and be part of the solution.

If all of us donated each year simply the value of reading an echocardiogram, perfusion scan, or ten ECGs, or of performing a diagnostic angiogram or electrophysiologic study, the CCSA and our trainees would be on very solid ground and be able to undertake the kinds of programs important to us all, and the future health of our patients.

I would like to finish by thanking the CCSA Board members, the CCSA member volunteers who run our programs, the wonderful CCSA staff and you, our donors for your continued support.

And welcome to Dr. Huckell!

Regards,

A handwritten signature in black ink, appearing to read "R. Sheldon". The signature is stylized and cursive.

Robert Sheldon, MD PhD  
President

# TRAINEE REVIEW PROGRAMS (TRP)

The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.

## 2015 CARDIAC SURGERY TRP

The eighth Cardiac Surgery TRP was held February 20–21, 2015 in Montréal. There were 18 cardiac surgery residents in attendance, of which 11 were scheduled to write the exam in 2015. The program was also opened to 5th year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wish to extend their thanks to the following faculty member for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees.

### 2015 Cardiac Surgery TRP Faculty

Frédéric Jacques, Chair	Dimitri Kalavrouziotis	Maral Ouzounian
Anson Cheung	Ismail El-Hamamsy	Mark Peterson
Hugues Jeanmart	François-Pierre Mongeon	Mackenzie A. Quantz

## 2015 ADULT CARDIOLOGY TRP

The tenth offering of the Adult Cardiology TRP was held April 24–26, 2015 in Toronto. There were 55 out of 70 third-year trainees in attendance along with 11 Faculty. The program serves as a valuable opportunity for third-year Adult Cardiology residents to prepare for the RCPSC fellowship examination.

We would like to thank the Adult Cardiology TRP Planning Committee members who volunteered their time and provided leadership in developing and delivering this program:

### 2015 Adult Cardiology TRP Faculty


Michael Froeschl, Chair	Hung Q. Ly	Stuart J. Smith
Nisha Ann D'Mello	Gillian Nesbitt	Mathieu Walker
Nadine Gauthier	Sarah Ramer	Eric Yu
Evan E. Lockwood	Mouhamed Sadek	

## 2015 PEDIATRIC CARDIOLOGY TRP

The ninth Pediatric Cardiology TRP was held May 1–3, 2015 at the Hospital for Sick Children in Toronto. This year, there were 8 attendees representing programs from across Canada. The TRP continues to provide a unique program that is valued and meets the residents' needs. Probably the most long standing benefit of the TRP is that it brings together the future pediatric cardiologists in Canada. It establishes the contacts and hopefully fosters friendships that will build a stronger national pediatric cardiology organization, supporting the CCS, in the future.

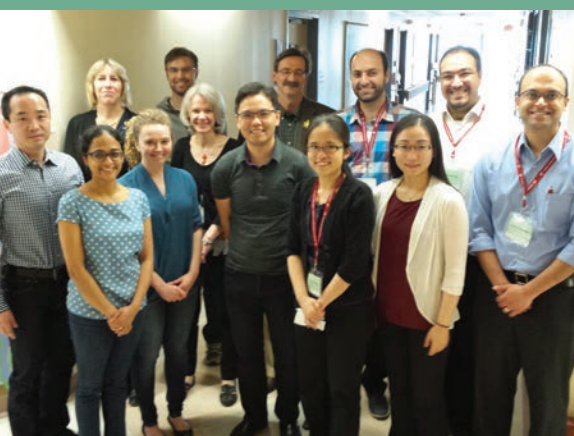
### 2015 Pediatric Cardiology TRP

Kenny K. Wong, Chair	Martin Hosking	Derek T. Wong
Myriam Brassard	Jennifer Russell	Shi-Joon Yoo
Fraser Golding		



“I attended the 2015 Adult Cardiology TRP. The program was very well organized. We had excellent teachers and the didactic sessions were presented in a very interactive format. The OSCE session gave great insights into my strengths and weaknesses and allowed me to focus my future studying.”

Abhinav Sharma, MD, FRCPC, ABIM  
PhD Candidate – University of Alberta  
DCRI Research Fellow – Duke University





# 2014 HAVE A HEART BURSARY

The *Have a Heart* Bursary Program, now in its thirteenth year, is a travel bursary program designed to introduce promising young Canadian medical students, graduate students, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada. This program supports a number of students annually to participate in the Canadian Cardiovascular Congress (CCC).

“The *Have a Heart Bursary* program provides an exceptional opportunity to learn more about cardiology, meet colleagues with similar interests, and gain important mentorship insights. I was tremendously grateful for the experience to attend CCC 2014 and be invited to the many mentorship events provided.”

Nigel Tan, 2014 *Have a Heart* Bursary Recipient



The Canadian Cardiovascular Society Academy (CCSA) gratefully acknowledges the Canadian Institutes of Health Research's Institute of Circulatory and Respiratory Health (CIHR-ICRH) for supporting our future cardiovascular professionals and the 2014 *Have a Heart* Bursary Program.

## Congratulations to the 2014 *Have a Heart* Bursary Program recipients:

- Maihemuti Abulajiang (Québec, QC)
- Winnie Chan (Hamilton, ON)
- Theresa Cowan (Kingston, ON)
- Barbara Doumouras (Toronto, ON)
- Eric Duong (Edmonton, AB)
- Mehroz Ehsan (Toronto, ON)
- Alec Falkenham (Halifax, NS)
- Nicolas Hannah (Ottawa, ON)
- Tamryn Law (Toronto, ON)
- Sylvie S. L. Leung Yinko (Montréal, QC)
- Alison Li (Burnaby, BC)
- Rebecca Mathew (Sault Ste. Marie, ON)
- Hassan Mir (Mississauga, ON)
- Nour Qa'aty (Etobicoke, ON)
- Inderjeet Sahota (Calgary, AB)
- Artavazd Tadevosyan (Montréal, QC)
- Derrick Tam (Windsor, ON)
- Nigel Tan (Toronto, ON)



**2014 Trainee Day Planning Committee Members** (First row, Sanjog Kalra, Judy Luu, Valerie Rodgers, Preeti Anand, Christina Luong, Abhinav Sharma Back row, Matthew Chamberlain, Brian Potter; Laura Banks and Ala Al-Lawati, missing from photo Sonya Hui)

# ANNUAL CANADIAN CARDIOVASCULAR TRAINEE DAY

The Annual Canadian Cardiovascular Trainee Day is a one-day educational program that takes place at the Canadian Cardiovascular Congress.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

A special thanks to the 2014 Annual Canadian Cardiovascular Trainee Day planning committee who put together a stellar program.

Over 200 trainees attended the 2014 Trainee Day in Vancouver.

## 2014 Trainee Day Planning Committee Members

Sanjog Kalra, Co-Chair	Ala Al-Lawati	Christina Luong
Matthew Chamberlain, Co-Chair	Preeti Anand	Judy Luu
Sonya Hui, Past Chair	Laura Banks	Valerie Rodgers
	Debraj Das	Abhinav Sharma



“Trainee day is truly a one-stop-shop. From great clinical simulators, to research pearls from Canada’s best investigators to personalized mentorship from the nation’s cardiovascular sciences leaders, the Annual Trainee Day provides rich and valuable programming to the full breadth of Canada’s cardiovascular trainees. As the current CCS Trainee Representative and Past-Chair of Trainee Day, I have had the privilege to help this event take shape and to see it grow in the hands of my colleagues and with the support of our mentors. It has been an exceptional experience for me, full of learning and growth.”

Sanjog Kalra, 2015–2016 Trainee Representative on CCS Council

# OUR 2014–2015 DONORS

Donations received between  
April 1, 2014 – March 31, 2015



2014 CCSA Visionary Donors (Left to right, Charles Kerr, Victor Huckell, Heather Ross, Blair O'Neill)

Donations from individuals and organizations make our valued CCSA programs possible. Support the Canadian Cardiovascular Society Academy today. Thank you!

**More than 100 CCS Members have collectively donated more than 800 hours towards the planning and delivery of programs for our future cardiovascular professionals.**

## Visionary (\$5,000 and up)

Victor Huckell  
Charles Kerr  
Blair O'Neill  
Heather Ross

## President's Circle (\$1,000 – \$4,999)

Rob Beanlands  
Margaret Blackwell  
Bibiana Cujec  
Ross Davies  
Michael Freeman  
Anne Gillis  
Michelle Graham  
Gabor Gyenes  
Catherine Kells  
Merril Knudtson  
Howard Leong-Poi  
Evan Lockwood  
Dakshina Murthy  
John Parker

Robert Sheldon  
Samuel Siu  
Stuart Smith  
Mustafa Toma  
D. George Wyse  
Rodney Zimmermann

## Benefactors (\$500 – \$999)

James Abel  
Derek Exner  
Milan Gupta  
Lyll Higginson  
Jonathan Howlett  
Marla Kiess  
Peter McLaughlin  
Brian Potter  
Simon Robinson  
Barry Rose  
Elizabeth Sherwin  
Mario Talajic  
Anthony Tang  
Jean-Francois Tanguay  
Dylan Taylor  
Wladyslaw Wojcik  
Shelley Zieroth

## Friends (up to \$499)

Harry Abramson  
Todd Anderson  
Paul Armstrong  
Rakesh Arora  
Mariano Badra  
Arden Barry  
Arsène Basmadjian  
Iqbal Bata  
Marie-Jeanne Bertrand  
Filio Billia  
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Jeff Booker  
Neil Brass

Myriam Brassard  
Robert Brown  
John Cairns  
Lucille Carling-Chambers  
Raymond Cartier  
Jean-Christophe Carvalho  
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Tiscar Cavalle-Garrido  
Kwan-Leung Chan  
Mark Chandy  
Edgar Chedrawy  
Tomas Cieza  
Brian Clarke  
Ruth Collins-Nakai  
Luc Cormier  
Paolo Costi  
Jean-Marc Côté  
Simone Cowan  
Lorretta Daniel  
Dushyant Desai  
Jag Dhar  
Paul Dorian  
Anique Ducharme  
Kim Duncan  
Anne Ferguson  
Anne Fournier  
Ronald Fowlis  
Darren Freed  
Eric Fretz  
Michael Froeschl  
Aldo Furlani  
George Garbe  
Vernon Gebhardt  
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François Gobeil  
Robert Goodman  
Elaine Gordon  
Anthony Graham  
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Robert Hegele  
Paul Hendry  
George Honos  
Richard Hooper  
David Horne  
Dennis Humen  
Debra Isaac  
George Jablonsky  
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Christopher Johnson  
Ashok Kakadekar  
Anmol Kapoor  
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Terence Kavanagh  
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Gyaandeo Maharajh  
Samer Mansour  
Brian McCrindle  
Michael McDonald  
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Robert Miller  
L. Brent Mitchell  
Ahmed Mokhtar  
François-Pierre Mongeon  
Michael Moon

John Mullen  
Gary Newton  
Gustavo Nogareda  
Paul Novak  
Edward O'Brien  
Eileen O'Meara  
Gavin Oudit  
Maral Ouzounian  
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Randall Williams  
Stephen Wilton  
Andrew Wong  
Kenny Wong  
Ken Woo  
David Wood  
Kenneth Yvorchuk

## Community Donors

Intertask Conferences Ltd.  
Community Foundation Of Ottawa  
The Muttart Foundation

# FINANCIAL STATEMENTS

April 1, 2014 – March 31, 2015

## Summary of Operations

### Revenue

Donation from members	\$	70,516
Donation from others	\$	5,270
Grants		30,000
Registration Revenue Trainee Day and Trainee Review Programs		33,170
Dividend and interest income on investment		78,560
Interest on promissory note		8,478
Bank interest		561
<b>Total Revenue</b>	<b>\$</b>	<b>226,555</b>

### Expenses

Administration		87,661
Trainee Initiatives		52,960
Adult trainee review program		48,610
<i>Have a Heart</i> Bursary Program		41,211
CJC Subscription Fee		21,938
Cardiac surgery trainee review program		14,900
Pediatric trainee review program		5,790
CJC Subscription fees		34,564
<b>Total Expenses</b>	<b>\$</b>	<b>273,070</b>
Operating Surplus (deficit) before realized and unrealized gains on investment	\$	(46,515)
Realized gains (losses) on investment		137,227
Unrealized gains (losses) on held-for-trading financial investments		(101,269)
Excess (deficiency) of revenue over expenses	<b>\$</b>	<b>(10,557)</b>

## Summary of Financial Position

### Assets

Current Assets	\$	146,662
Investments	\$	1,727,076
Promissory Note, receivable from CCS	\$	190,974
<b>Total Assets</b>	<b>\$</b>	<b>2,064,712</b>

### Liabilities

Current Liabilities	\$	37,514
Net Assets	\$	2,027,198
<b>Total Liabilities and Net Assets</b>	<b>\$</b>	<b>2,064,712</b>

Complete financial statements and the auditor's report for the fiscal year of April 1, 2014 to March 31, 2015 are available to CCSA members upon request.