

## Call for CCS Trainee Committee Members



Dimitrios Tsirigotis  
CCS Trainee  
Representative on Council  
2016-2018

Dear fellow CCS Trainees,

2017 was an amazing year for the Trainee Committee. This year we saw Trainee Day at the Canadian Cardiovascular Congress (CCC) evolve to the **Trainee Program** and it was a phenomenal success. The Trainee Program was fully integrated with the main Congress and catered to a broad range of interests. The Trainee Program offered hands-on skills labs, highly interactive practical workshops and the always popular networking luncheon. The success of the Trainee Program would not have been possible without the tireless work of your fellow trainees who made it happen. Our Planning Committee Co-Chairs, **William McIntyre** and **Varinder Randhawa** led a fantastic and dedicated team, and they are to be commended for the success that we all enjoyed.

We have also made great strides on our other key objectives: trainee representation and communication. I would also like to briefly highlight some recent successes on increasing trainee engagement with our Society's peer reviewed journal, the **Canadian Journal of Cardiology**.

Seven trainees now serve on the Editorial Board in mentored positions. In addition, a number of trainees also serve as reviewers for the CJC to help build their editorial knowledge and skills. A **new trainee section was also launched**, offering a "by trainees, for trainees" publishing venue for non-scholarly articles related to medical education, work-life integration and career planning. These important initiatives help create opportunities for Canadian clinical and research trainees to reach their full potential. I would like to recognize the efforts of **Chris Cheung** as the Trainee representative on the CCS Journal Committee for his key contributions in making this happen.

I am fortunate to have been able to work with a number of highly talented and motivated individuals on the **Trainee Committee** over the past several years. With that said, we need more of the same if we are to succeed in our stated goals.

The key directives of the CCS Trainee Committee are as follows:

- 1) To represent the interests of the full breadth of Canadian cardiovascular trainees on the various CCS standing committees, CCS Council and the CCSA Board.
- 2) To ensure the provision and quality of trainee-specific initiatives of the CCS and CCSA, educational and otherwise.
- 3) To communicate the activities of the CCS that are of interest to trainees in a timely and effective manner.

As such, the **CCS Trainee Committee is broadly organized into three teams: Representation, Education and Communication**. Below, you will find a list of the positions available on the Committee. We are looking for team players who are thoughtful, creative, intelligent and capable. We are looking to foster leadership among our ranks. You are all the future leaders, chiefs, department heads, principle investigators and opinion leaders of the cardiovascular sciences and specialties in Canada, and being a part of our team is, in my opinion, one of the best ways for you to develop your leadership skills. I have found public service with the CCS to be very personally satisfying and enjoyable, and it has allowed me to make friends of colleagues from across the country. I am hoping it will do the same for you.

**If you have any interest in joining our team, please apply by the December 18<sup>th</sup> deadline. If you have any questions, please send them to me at [trainees@ccs.ca](mailto:trainees@ccs.ca).**

Also, if there is something that you think that our Committee should be doing, or should be doing better, please let me know. Or, better yet, join us and help us do it right! Every application will be carefully reviewed and considered.

I look forward to hearing from you. There is no better time to get it done, than right now.

Sincerely,

Dimitrios Tsirigotis, M.D., Ph.D., F.R.C.S.C.  
National CCS Trainee Representative  
Chair, CCS Trainee Committee  
Member, CCS Council  
Director, CCSA Board

## Current positions

Chair:	Dr. Dimitrios Tsirigotis
CCS Council:	Dr. Dimitrios Tsirigotis
CCSA Board:	Dr. Dimitrios Tsirigotis
Congress Advisory Board:	Dr. Dimitrios Tsirigotis
External Relations Committee:	Dr. Dimitrios Tsirigotis
Nominations and Awards Committee:	Dr. Dimitrios Tsirigotis
Guidelines Committee:	Dr. Nicolas Thibodeau-Jarry
CJC Journal Committee:	Dr. Christopher Cheung
CCS Membership Committee:	Dr. Hassan Mir
CCS Continuing Professional Development Committee:	Dr. Hassan Mir
CCC Trainee Program Planning Committee, Co-Chair:	Dr. William McIntyre
CCC Trainee Program Planning Committee, Co-Chair:	Dr. Varinder Randhawa
CCC Trainee Program Planning Committee, Past Co-Chair:	Dr. Laura Banks

## Vacant Positions – Trainee Committee

The Trainee Committee meets approximately three times per year by teleconference and once face-to-face during the annual CCC. Additional meetings will be called as needed.

### 1) **CCC Trainee Program Planning Committee** (one year) – Approx. 10 positions.

This is a very exciting time for one of the most important things that we do as the Trainee Committee. In 2017 we evolved the Trainee Day to the Trainee Program which ran through the 3 days at Congress and was highly successful. We are planning the Trainee Program again for 2018 in Toronto. Here's your opportunity to be part of a fun and dynamic team with a major nationwide impact. Here, you will have the chance to:

- Define theme and framework for Trainee Track during CCC
- Promote Trainee Track to CCS trainee membership
- Identify and contact potential speakers
- Help organize networking lunch for trainees
- Design skills labs and interactive workshops
- Help shape the changing cardiovascular landscape
- Build collaborative leadership and teamwork skills
- Partner with peers, staff, mentors, and industry reps

### 2) **Communications Group (one year)**

Our mandate to communicate relevant activities of the CCS and CCSA to our trainees is central to our function. Our communication mandate also includes receiving and soliciting feedback from our trainees and keeping them up to date through our website, emails and social media. Although we are looking for a number of people to help us with these tasks, we are looking for one person with demonstrated leadership capacity to help tie it all

together so that these various functions are coordinated and work in concert to achieve our goals. The Communications Group Leader is charged with oversight of the Website, Feedback and Outreach teams and will be in regular communication with the Chair and other Committee members to ensure that there is an appropriate flow of information to and from the CCS Trainee Committee and CCS Trainees.

**3) Website Team (one year)**

Our website has undergone some major changes over the past few years. We need a few people to continue the work of updating and soliciting content and of working with the rest of the Committee to make sure that the website reflects activities and information of interest to our trainees. Our website can be found under the Members-in-Training tab at [www.ccs.ca](http://www.ccs.ca).

**4) Feedback Team (one year)**

In order for us to best serve our trainees, we need to know what they need, what they want, and we need to know if the work we are doing is helpful to them. We are looking for a team of people who's focus is getting this information and using it to help the rest of the Committee target their efforts to the needs of trainees. This may include work with email, surveys and social media, as well as coordinated efforts with the CCS member feedback and survey teams at large.

**5) Outreach Team (one year)**

Communication is a two-way process. In addition to soliciting feedback from our trainees, we need to be effective in communicating relevant information to them. That is the goal of the Outreach Team. We are looking for a few people to manage our communications and to make sure that these are integrated with all of the activities of the Trainee Committee. This includes mechanisms like email, the website and social media.

**6) Other?**

**Is there something that the CCS Trainee Committee should be doing but isn't? Did we miss something?** Do you have a great idea that simply isn't captured by the positions outlined above? If so, this is your chance to make it happen. Apply for the CCS Trainee Committee and clearly outline a job description, role or project that you want to take on. We are always open to new ideas, and are here to serve you. If there is something that you think is lacking, chances are that you're not the only one so step up and fix it for everyone.

**Application Deadline:** Send your PDF to [trainees@ccs.ca](mailto:trainees@ccs.ca) no later than **Monday, December 18, 2017**.

**Application Materials:**

- Please assemble your letter of intent followed by your CV/resumé into one PDF.
- Letter of intent: (300 words max)
  - o Name, institutional affiliation, training program and year of training.
  - o Previous CCS Trainee Committee experience and outcome/impact.
  - o Clearly indicate which position(s) you seek and why.
  - o A concise, meaningful description of previous work experience on committees and/or national/provincial organizations is also very helpful for us.