



CANADIAN CARDIOVASCULAR SOCIETY ACADEMY 2010-2011 ANNUAL REPORT



MESSAGE FROM THE PRESIDENT

I am proud to mark my first year as the president of CCSA with several exciting milestones.

This year the Have a Heart Bursary Program celebrates 10 years. When it began in 2002, the program supported six students to attend the Canadian Cardiovascular Congress (CCC). Now the program sends 20 students each year to this event, the largest and most prestigious gathering of cardiovascular and allied health professionals in Canada. To mark the occasion, past bursary recipients were contacted and asked how the program shaped their future. Look for some of their glowing remarks throughout this report.

The Annual Cardiovascular Trainee Day is also in its 10th year. Every year, more than 200 trainees attend this annual Canadian Cardiovascular Congress event, which features valuable hands-on teaching labs, expert advice, networking opportunities and interactive education.

Our Trainee Review Programs in adult and pediatric cardiology and cardiac surgery have helped over 400 trainees prepare for their certification exam. Participants regularly praise the high quality of these training sessions, which are developed and delivered by dedicated faculty who graciously donate their time.

The CCSA is supported through donations from CCS members and the community, and I am pleased to say that the number of donors is growing—from 43 in 2004 to 227 in 2011. However, this represents only 10 per cent of the CCS membership. To help build a strong cardiovascular community in Canada, we encourage all CCS/CCSA members to make a donation to the CCSA. We firmly believe that increasing member support is crucial to the long-

term success of the CCSA and its programs, which look to the future of the cardiovascular sector in Canada. Donating is easy: simply access the donation page through MyCCS.ca.

I extend a warm thank you to all those who have contributed to the CCSA's success over the past year. And I would also like to invite those of you who have not yet been involved in the Academy, to think about volunteering your time – whether it be on a committee or helping to train future cardiovascular professionals.

Sincerely,

Bibiana Cujec, MD, CCSA President

ABOUT THE CCSA

The Canadian Cardiovascular Society Academy (CCSA) is a charitable organization that was created in 2000 by the Canadian Cardiovascular Society (CCS).

The CCSA provides cardiovascular trainees with unique programs and services from the moment they begin specialized training through to the first years of employment. The Academy has chosen to focus on providing support for medical students, prospective cardiovascular specialists, scientists in training and current cardiovascular trainees as a means of encouraging the continuation of a strong cardiovascular sector in the future.

Donations from individuals and organizations provide the necessary funding to develop new and expand existing valued CCSA programs.

CCS/CCSA TRAINEE REVIEW PROGRAMS

The CCS/CCSA Trainee Review Programs (TRPs) were established in 2006 after CCS trainees identified the RCPSC examination preparation as a critical milestone in the transition from school to work. The TRPs provide trainees with realistic exposure to the examination process and offer an opportunity for feedback from faculty. The programs test their knowledge and exam writing skills and provide an overview of all aspects of the exam. In addition, TRPs provide trainees the valuable opportunity to network with program faculty and fellow trainees from across Canada.



2011 ADULT CARDIOLOGY TRAINEE REVIEW PROGRAM

The sixth Adult Cardiology Trainee Review Program was held April 29 to May 1, 2011 in Toronto. There were 49 out of 57 third-year trainees in attendance. The program again was an extremely valuable opportunity for third-year adult cardiology residents to prepare for the Royal College of Physicians and Surgeons of Canada – Examination in cardiology.

We would like to thank the Adult Cardiology TRP Planning Committee members who provided their time and leadership in developing and running this program:

Dr. Michael Froeschl, Chair
Dr. James Brown
Dr. Michael Freeman
Dr. Christopher Glover
Dr. Christopher Johnson
Dr. Evan Lockwood
Dr. Nisha D'Mello
Dr. Donald Palisaitis
Dr. Sarah Ramer
Dr. Dylan Taylor
Dr. Mathieu Walker

The 2012 Adult Cardiology Trainee Review Program will take place April 27 to 29, 2012 in Toronto.



2011 PEDIATRIC CARDIOLOGY TRAINEE REVIEW PROGRAM

The fifth Pediatric Cardiology Trainee Review Program was held May 27 to 29, 2011 at the Hospital for Sick Children in Toronto. This year, there were eight attendees representing programs from across Canada.

The CCS and CCSA wish to thank the Pediatric Cardiology TRP Planning Committee for putting together this outstanding program:

Dr. Kenny Wong, Chair
Dr. Julie Déry
Dr. Anne Fournier
Dr. Fraser Golding
Dr. Luc Jutras
Dr. Jennifer Russell

The date and location of the 2012 Pediatric Cardiology Trainee Review Program will be announced shortly.



2011 CARDIAC SURGERY TRAINEE REVIEW PROGRAM

The fourth Cardiac Surgery Trainee Review Program was April 1 to 2, 2011 in Montreal. There were 13 cardiac surgery residents in attendance, of which seven were scheduled to write the exam this year. The program was also opened to fifth year trainees and provided them with much appreciated exposure to the oral examination process.

The CCS and CCSA wishes to extend a genuine thank you to faculty members for their contribution and for providing an outstanding learning opportunity for Canada's cardiac surgery trainees:

Dr. Yoan Lamarche, Chair
Dr. Anson Cheung
Dr. Eric Dumont
Dr. Frédéric Jacques
Dr. Roy Masters
Dr. Siamak Mohammadi
Dr. Pierre Pagé
Dr. Mackenzie Quantz

The date and location of the 2012 Cardiac Surgery Trainee Review Program will be announced shortly.

HAVE A HEART BURSARY PROGRAM

The Have a Heart Bursary Program, now in its 10th year, is a travel bursary program designed to introduce promising young Canadian medical students, graduates, post-graduate trainees and basic scientists-in-training to the cardiovascular field in Canada.

This program supports about 20 students annually to participate in the Canadian Cardiovascular Congress (CCC).



2010 HAVE A HEART BURSARY RECIPIENTS

CONGRATULATIONS TO THE 2011 HAVE A HEART BURSARY PROGRAM RECIPIENTS:

Arden Barry (Edmonton, AB)
Nicolas Bousette (Toronto, ON)
Virgilio Cadete (Saskatoon, SK)
Julia Cadrin-Tourigny (Montréal, QC)
Marie-Annick Clavel (Québec, QC)
Nancy Côté (Québec, QC)
Diala El Hussein (Québec, QC)
Nandini Gupta (Toronto, ON)
Tina Hu (Toronto, ON)
Philippe Lachance (Québec, QC)
Carol Lam (Toronto, ON)
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Abraham Nunes (Edmonton, AB)
Rianne Ravensbergen (Burnaby, BC)
Jon-Jon Santiago (Winnipeg, MB)
Anna Schmidt (Calgary, AB)
Kaustabh Singh (Toronto, ON)
Ivan Stevic (Hamilton, ON)
Stephanie Thorn (Ottawa, ON)
Matthew Zeglinski (Winnipeg, MB)



HAVE A HEART BURSARY RECIPIENTS MEET DR. ROB BEANLANDS, CCS ANNUAL MEETING CHAIR, AT CCC 2010.

“Winning this bursary has had a wonderful impact on my future career.”

– Christina Luong, interested in a career in adult cardiology.

TRAINEE DAY

The Annual Canadian Cardiovascular Trainee Day celebrates 10 years this year. This one-day educational program for trainees takes place at the Canadian Cardiovascular Congress. This year's theme is *Breaking Down Barriers*.

Trainee Day is an excellent means for trainees to enrich their Congress experience. Trainee Day sessions focus on providing information that helps trainees become young independent researchers and clinicians.

A special thanks to this year's planning committee who put together a stellar program.

2011 Trainee Day Planning Committee Members

- Brian Potter, co-chair – adult cardiology, Université de Montréal
- David Lin, co-chair – research, University of British Columbia
- Jessica Forcillo, member – cardiac surgery, Montréal
- Jennifer Higgins, member – cardiac surgery, University of British Columbia
- Leila Laroussi, member – adult cardiology, Université de Montréal
- Artak Tadevosyan, member – research, Université de Montréal
- Stephanie Thorn, member – research, University of Ottawa
- Michael Y.C. Tsang, member – adult cardiology, University of British Columbia
- Jay Udell, past chair – adult cardiology, Brigham & Women's Hospital
- Christopher White, member – research, University of Manitoba



TRAINEE DAY AT CCC 2010

“ Being a recipient of the bursary allowed me to connect with leading researchers and clinicians in cardiology, which was very inspiring.”

– Ines Menjak, applying to an internal medicine residency.

THANK YOU TO OUR 2010-2011 CCSA DONORS!

(April 1, 2010 – March 31, 2011)

Donations from individuals and organizations make our valued CCSA programs possible.



PAST CCSA PRESIDENT, DR. ANNE GILLIS, RECOGNIZES
VISIONARY DONOR, MR. ROBERT KALINA, AT THE
2010 CCS AWARDS CEREMONY.

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www.ccs.ca

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Charles Kerr, Member
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Anne Ferguson, Executive Director

FINANCIAL STATEMENT April 1, 2010 – March 31, 2011

| SUMMARY OF OPERATIONS | | |
|---|-------------------|-------------------|
| REVENUE | 2010 | 2009 |
| Donations by Members | \$ 56,313 | \$ 58,205 |
| Donations from Others (Non Members) | \$ 559,050 | \$ 11,830 |
| Donations from CCS | - | \$ 42,236 |
| Donations in marketable securities | \$ 18,848 | \$ 3,018 |
| Investments | \$ 105,030 | \$ 64,046 |
| Other | \$ 14,873 | \$ 1,276 |
| TOTAL REVENUE | \$ 754,114 | \$ 180,611 |
| EXPENSES | | |
| Administration | \$ 79,217 | \$ 74,626 |
| Adult TRP | \$ 29,305 | \$ 39,617 |
| Trainee Initiatives | \$ 35,180 | \$ 28,762 |
| Have A Heart Bursary Program | \$ 30,018 | \$ 17,578 |
| Cardiac Surgery TRP | \$ 9,029 | \$ 12,079 |
| Pediatric TRP | \$ 5,782 | \$ 7,949 |
| TOTAL EXPENSES | \$ 188,531 | \$ 180,611 |
| Unrealized gains (losses) on held-for-trading financial investments | \$ 8,081 | \$ 127,440 |
| Excess (deficiency) of revenue over expenses | \$ 573,664 | \$ 127,440 |

| SUMMARY OF FINANCIAL POSITION | | |
|---|---------------------|---------------------|
| ASSETS | 2010 | 2009 |
| Current Assets | \$ 256,836 | \$ 114,401 |
| Investments | \$ 1,542,938 | \$ 1,361,922 |
| Total Assets | \$ 2,050,100 | \$ 1,476,323 |
| LIABILITIES | | |
| Current Liabilities | \$ 3,655 | \$ 3,542 |
| Net Assets | \$ 2,046,455 | \$ 1,472,781 |
| Total Liabilities and Net Assets | \$ 2,050,100 | \$ 1,476,323 |

Complete financial statements and the auditor's report for the fiscal year April 1, 2010 to March 31, 2011 are available to any CCSA member upon request.

“The Have a Heart Bursary gave me an opportunity to present my research and get feedback on my work. This work has been accepted for publication.”

– Anton Mihic, planning a career in research.